

YOUR MISSION • YOUR VOICE

FRA *today*

18 Combat Shooter

The not-so-still life of a combat photographer

11 Family Readiness
A message from
MCPON Campa

30 FRA Scholarship
Winners



M E S O T H E L I O M A



If you or a loved one has been diagnosed with, or died from, **mesothelioma**, we may be able to help get monetary compensation from the asbestos manufacturers.

Please contact the law firm of:
Bergman & Frockt
614 First Avenue, Fourth Floor
Seattle, WA 98104
Toll Free: (888) 647-6007
www.bergmanlegal.com

No charge for initial consultation.
Please ask for Emily Murray.

Bergman & Frockt

NATIONAL OFFICERS/BOARD OF DIRECTORS

Nat'l President Jerry L. Sweeney, *Navy Dept. Branch 181*
Nat'l Vice President Lawrence J. Boudreaux, *Hangtown Branch 275*
Nat'l Executive Sec. Joseph L. Barnes, *Navy Dept. Branch 181*
Finance Officer Paul Rigby
Junior PNP Edgar M. Zerr, *Omaha Council Bluffs Branch 276*

REGIONAL PRESIDENTS

New England Paul F. Loveless, Jr., *Pine Tree Branch 156*
Northeast Francis D. Tyson, *Anthracite Branch 288*
East Coast Delbert L. Herrmann, *Wilmington Branch 299*
Southeast Tony Cassata, *The Delbert D. Black Branch 117*
North Central Leon J. Zalewski, *Milwaukee Branch 14*
South Central Leo V. Vance, *Space City Branch 159*
Southwest Charles F. Smedley, *Poway Valley Branch 70*
West Coast Charles R. McIntyre, *San Jose Branch 140*
Northwest John Ippert, *Pearl Harbor-Honolulu Branch 46*
Nat'l. Parliamentarian PNP J.C. Jim Eblen, *San Diego Branch 9*
Nat'l Chaplain Vincent W. Patton, III, *Navy Dept. Branch 181*

ACTIVE DUTY ADVISORY COUNCIL

Master Chief Petty Officer of the Navy Joe Campa
Sergeant Major of the Marine Corps Carlton Kent
Master Chief Petty Officer of the Coast Guard Charles Bowen

RESERVE ADVISORY COUNCIL

Force Master Chief of the Naval Reserve David Pennington
USMC Reserve Force Sergeant Major Jimmy D. Cummings
Master Chief Petty Officer of the Coast Guard Reserve Force Jeffrey Smith

FRA TODAY MAGAZINE

Publisher FRA
Managing Editor Eileen Murphy
Contributing Editor Lauren Armstrong
Design and Art Direction
 FIREBRAND, Alexandria, VA www.firebrandstudios.com
Design Director Scott Rodgerson
Production Manager Sandy Jones

FRA TODAY (ISSN 0028-1409) IS PUBLISHED MONTHLY BY FRA, 125 N. WEST ST., ALEXANDRIA, VA 22314-2754. A MEMBER'S SUBSCRIPTION IS COVERED BY THE MEMBER'S ANNUAL DUES. PERIODICALS POSTAGE PAID AT ALEXANDRIA, VA AND ADDITIONAL OFFICES. PUBLICATION OF NON-SPONSORED ADVERTISING IN **FRA TODAY** DOES NOT CONSTITUTE AN ENDORSEMENT BY THE FRA OR ITS REPRESENTATIVES. POSTMASTER: SEND ADDRESS CHANGES TO: MEMBER SERVICES, FRA, 125 N. WEST ST., ALEXANDRIA, VA 22314-2754. **FRA TODAY** IS PUBLISHED IN THE INTERESTS OF ALL CURRENT AND FORMER ENLISTED PERSONNEL OF THE U.S. NAVY, MARINE CORPS, AND COAST GUARD. ELIGIBLE NON-MEMBERS ARE NOT ENTITLED TO SUBSCRIPTION RATES. ESTABLISHED 1 NOVEMBER 1923. TITLE REGISTERED WITH U.S. PATENT OFFICE.

FRA ADMINISTRATIVE HEADQUARTERS: 125 N. WEST ST., ALEXANDRIA, VA 22314-2754
 PHONE: 703-683-1400, 800-FRA-1924 • FAX: 703-549-6610 • E-MAIL: FRATODAY@FRA.ORG
WWW.FRA.ORG



EACH ISSUE OF *FRA Today* starts with a blank page. It really struck me this month in particular, that the content comes from ideas emanating from personal conversations, phone calls, e-mails, letters, survey responses and postings on FRA's Communities. Literally, every form of communication used today goes into building this publication.



EILEEN MURPHY
Director of Marketing and Communications

This is a wonderful reminder of the various ways people like to stay connected — and why being connected is so very important. FRA is a membership association. The number one challenge of course, is membership growth. Retention of our members is key, and members who feel a strong sense of belonging will certainly retain their membership.

On page 9 of this issue, we highlight the use of the "Communities" section of www.fra.org. This is a free and convenient way to have discussions and share ideas with other shipmates. For those who prefer to converse through a phone call rather than online (or those who like both), FRA's monthly teleconferences are a great option too. Call 877-746-9514 on the second Wednesday of any month at 1200 Eastern Standard Time and enter the code 1924 to participate, or 1400 to listen only. Each month is a different topic — on 10 October the focus is an overview of FRA's 80th National Convention in Corpus Christi, Texas.

Of course, that leads to the ultimate way to stay connected — meeting with your fellow shipmates at branch meetings, Regional or National Conventions. The Regional Conventions are behind us now, but National Convention begins on 31 October, and runs through 4 November. (See www.fra.org/convention for more information). Hopefully you are planning to attend, but if not, there is still time to make those reservations!

If you are unable to attend, but are interested in listening to a presentation, we will be offering the opportunity for shipmates to listen to the Senior Enlisted Panel on Friday, 4 November at 0845 Eastern Standard Time by calling 877-746-9514 and entering the code 1400.

The individual phone calls, letters and e-mails to Headquarters' staff are appreciated. Recently a shipmate asked us to post the individual e-mail addresses and direct extensions of the staff on www.fra.org. That has been done, and for your convenience, can be found by clicking "Contact Info" under "About FRA."

Your input is extremely helpful. Even though we may not be able to accommodate every request, suggestions and ideas are appreciated and considered. Stay connected with FRA in the way you feel most comfortable, be it phone, e-mail, letter or in person. Encourage your fellow shipmates to do the same.

Thank you for your membership in FRA and for your support of the incredible work the Association does on your behalf.

Eileen Murphy is the Director of Marketing and Communications and serves as the Managing Editor of *FRA Today*. Please contact her at eileen@fra.org.

ANNOUNCING YOUR SPECIAL FRA MEMBER BENEFIT

Pays you up to **\$5,000.00** in cash benefits

ATTENTION: FRA Members Age 65+

If you or someone you know has ever been in the hospital, you've probably seen the "sticker shock" firsthand. And one in four Americans say they or a family member had problems paying their medical bills in 2006.¹

Though Medicare and your other health insurance cover a generous amount of your hospital bills, you may find some limitations in how much they cover. That means paying part of your hospital and home recovery bills out of your own pocket.

That's why **FRA** is pleased to offer you the **FRA** Short Term Recovery Insurance Plan as a special, **guaranteed-issue** member benefit.

This plan pays you cash benefits if you're admitted to the hospital for as little as one day.

It also pays cash for covered home recovery expenses you often need when you leave the hospital, including home nursing services, physical and occupational therapy, companion care, home health and homemaker services and more.

Endorsed by



Underwritten by:
Hartford Life and Accident
Insurance Company
Simsbury, CT 06089

Your specially negotiated benefits under this Plan include:

- ✓ **Up to \$4,000.00 a year in cash** benefits to help pay for daily home recovery care expenses after a hospital stay*
- ✓ **Up to an additional \$1,000.00 in cash** benefits to help with hospital expenses
- ✓ Cash benefits paid in addition to any other coverage you may have, and **you can use the money however you want**
- ✓ **Affordable rates** starting under a dollar a day, specially negotiated for **FRA** members
- ✓ **Protection that can't be cancelled because of your health**, even if you live to 100
- ✓ **Guaranteed acceptance for you and your spouse**, no matter what your current health or health history (subject to the Preexisting Condition Limitation)

ADVISORY: Right now, this member benefit is yours for the asking if you're an FRA Member over age 65, regardless of your health or medical history. No medical exam is required. No paramedic will visit your home for a blood test. You're GUARANTEED ACCEPTANCE.

FOR FASTER SERVICE, CALL TOLL-FREE

1-800-424-1120

Request Number 29712-1-1-1

Hearing-impaired or voice-impaired members may call the Relay Line at 1-800-855-2881.

www.frainsure.com

*Benefits reduce to \$2,000.00 a year at age 80.

¹ Kaiser Family Foundation. Health Care in America. www.kff.org/kaiserpolls/upload/7572.pdf. Viewed 5/24/07.

Plans include cost, exclusions, limitations and terms of coverage. Plan may not be available in all states.

SRP-1151 A (HLA)(5384)

Featured

- 18 COMBAT SHOOTER**
Shipmate Russell Klika shares his views

Departments

- 1 COMMUNICATIONS**
Being connected
- 5 SHIPMATE FORUM**
- 6 ON & OFF CAPITOL HILL**
- 11 ONWATCH**
MCPON Campa on family readiness
- 14 NES PERSPECTIVE**
A look at FRA's heritage
- 16 MEMBERSHIP MATTERS**
Bravo Zulu Branch 235
- 26 NEWS FROM THE BRANCHES**
- 28 LOOKING FOR...**
- 30 MEMBERSHIP BENEFITS**
FRA's scholarship program awardees
- 32 TAPS**
- 33 REUNIONS**
- 36 LA FRA NEWS**



LOYALTY, PROTECTION AND SERVICE

FRA IS A CONGRESSIONALLY CHARTERED, NON-PROFIT ORGANIZATION ADVOCATING FOR CURRENT AND FORMER ENLISTED MEMBERS OF THE U.S. NAVY, MARINE CORPS AND COAST GUARD ON CAPITOL HILL. FOR MORE INFORMATION ON THE BENEFITS OF MEMBERSHIP, PLEASE VISIT WWW.FRA.ORG OR CALL 800-FRA-1924.

ON THE COVER

A young girl peeks around the corner to watch Soldiers of the 278th Regimental Combat Team Tennessee Army National Guard in Diyala Province, Iraq. U.S. Army photo by Staff Sgt. Russell Lee Klika.



World's Most Valuable Timepiece Disappears

Back in 1933, the single most important watch ever built was engineered for a quiet millionaire collector named Henry Graves. It took over three years and the most advanced horological technique to create the multifunction masterpiece. This one-of-a-kind watch was to become the most coveted piece in the collection of the Museum of Time near Chicago. Recently this ultra-rare innovation was auctioned off for the record price of \$11,030,000 by Sotheby's to a secretive anonymous collector. Now the watch is locked away in a private vault in an unknown location. We believe that a classic like this should be available to true watch aficionados, so Stauer replicated the exact Graves design in the limited edition Graves '33.

The antique enameled face and Bruguet hands are true to the original. But the real beauty of this watch is on the inside. We replicated an extremely complicated automatic movement with 27 jewels and seven hands. There are over 210 individual parts that



27 jewels and 210 hand-assembled parts drive this classic masterpiece.

are assembled entirely by hand and then tested for over 15 days on Swiss calibrators to ensure accuracy. The watches are then reinspected in the United States upon their arrival.

What makes rare watches rare?

Business Week states it best... "It's the complications that can have the biggest impact on price." (*Business Week*, July, 2003). The four interior complications on our Graves™ watch display the month, day, date and the 24 hour clock graphically depicts the sun and the moon. The innovative engine for this timepiece is powered by the movement of the body as the automatic

rotor winds the mainspring. It never needs batteries and never needs to be manually wound. The precision crafted gears are "lubricated" by 27 rubies that give the hands a smooth sweeping movement. And the watch is tough enough to stay water resistant to 5 atmospheres. The movement is covered by a 2-year warranty.

Not only have we emulated this stunning watch of the 1930s but just as surprising, we've been able to build this luxury timepiece for a spectacular

price. Many fine 27-jewel automatics that are on the market today are usually priced well over \$2,000 dollars, but you can enter the rarified world of fine watch collecting for under \$100. You can now wear a millionaire's watch but still keep your millions in your vest pocket. Try the handsome Graves '33 timepiece risk free for 30 days. If you are not thrilled with the quality and rare design, please send it back for a full refund of the purchase price.



The face of the original 1930 s Graves timepiece from the Museum of Time.

Not Available in Stores

Call now to take advantage of this limited offer.

Stauer Graves™ '33 Wristwatch or 3 credit card payments of \$33 +S&H

800-859-1736

Promotional Code GRV627-04

Please mention this when you call.

To order by mail, please call for details.

Stauer
HERITAGE OF ART & SCIENCE

14101 Southcross Drive W.,
Dept. GRV627-04
Burnsville, Minnesota 55337

For fastest service, call toll-free 24 hours a day **800-859-1736**



Visit us online at www.Stauer.com for the complete line of Stauer Watches, Jewelry and Collectibles

Thank You For the Support

I would like to thank all our wonderful friends of the FRA and LA FRA for all their support, prayers and love — not to mention the over 300 cards we received. I know how much Ed also loved you all. He will always be my “hero” and I’m so thankful he got me involved with this organization.



PNP LAFRA Doreen Huylebroeck and Family

Happy Navy Birthday

I swelled with pride as I read all the entries from FRA shipmates in the March *FRA Today* tribute to Seabees, and realized anew that my father, along with many others, gave us our freedom which we so many times take for granted on a daily basis. Trouble shooting problems is a way of life for Seabees. Thank you from the bottom of my heart for this article. I know every family affected is filled with pride, awe and respect to see all these photographs in print. It will be a constant reminder of the sacrifice my father made in choosing to defend freedom.

Janice M. Phillips Willis, daughter of Samuel F. Phillips, Branch 142



Insurance for the Survivors

With the prices of term life insurance going down every day, I again urge my Shipmates to consider life insurance instead of the Survivor Benefit Program. I am not in the insurance business, but I can see through this charade called SBP. Since term insurance can be purchased in large amounts for a relatively small initial premium, it is well suited for providing extra protection in case of death. Most non-smokers can get \$500K in term insurance for less than \$100 dollars per month and the rate will stay the same for 20 years. I would much rather see my survivors have a lump sum check than to have to count on the government for their well being.

Mark Best, Member-At-Large



Submissions Send *Shipmate Forum* letters to: Editor, *FRA Today*, 125 N. West St. Alexandria, VA 22314. E-mail submissions may be sent to fratoday@fra.org. Please include “Shipmate Forum” in the subject line. FRA reserves the right to select and edit letters for publication. Letters published in *Shipmate Forum* reflect the opinions and views of FRA members. They do not necessarily reflect the official position of FRA as a whole. FRA is not responsible for the accuracy of letter content.

From FRA: *It seemed appropriate to publish this now as we celebrate the Navy birthday and focus on how important photographs are — even a snapshot to capture a memory. The entire headquarters team joins you in pride for your father, and all who choose to serve this great country.*

What Is A Veteran?

Veteran: Whether active duty, retired, national guard or reserve — is someone who, at one point in his/her life, wrote a blank check made payable to “The United States of America” for an amount of “up to and including my life.”

That is honorable...and there are way too many people in this country who no longer understand it.

Although the author is unknown, we should encourage the publication of this piece in all our branch newsletters.

John Partin, Branch 267

A Treasured Symbol of Your U.S. Navy Service



Choose from 33 U.S. Navy rings in silver, two-tone and solid gold.

Your **Classic U.S. Navy Ring** will be an enduring symbol of Navy tradition and your service to our Country.

Their eye-catching design and amazing detail set these rings apart from school-style service rings.

And, Classic Rings are cast solid for **comfort, strength and long wear**. They’re substantial in weight without being bulky.

Your ring comes with a **lifetime warranty, 60 day money-back guarantee, and guaranteed fit**. Prices for men’s rings start at \$177 and we offer easy payment plans.

Call today for a FREE color catalog plus a Special Report you should read before buying any military ring:

1-800-872-2853

(free 24 hour recorded message).

Or, to speak directly with a sales representative call 1-800-872-2856.

Or write: Classic Military Rings, 1209 Broadway, Dept. R-1007, Hannibal MO 63401.

These rings are made in limited numbers - act now for Christmas delivery!

Code R-1007

www.ClassicRings.com

Senate Consideration of NDAA Resumes

IN THE AUGUST ISSUE of *FRA Today*, we included a chart to show a comparison of the House and Senate versions of the FY 2008 Defense Authorization bill (H.R. 1585). The House version has passed, but Majority Leader Harry Reid (Nev.) pulled the Senate bill before the August recess. At that point, it already had more than 200 floor amendments filed. FRA anticipates more floor amendments including:

- Accelerating from 1 October 2008 to 1 October 2007 the SBP paid-up effective date for those over age 70 that paid premiums for 30 years or more and also eliminating the DIC offset;
- Requiring pay raises in FY 2009-2012 to be at least 0.5 percent above the Employment Cost Index (ECI);
- Changing the effective date of Reservists retirement provision retroactively to September 11, 2001; and
- Eliminating the position of Chief Operating Officer (COO) at the Armed Forces Retirement Home (AFRH) and creating the positions of Chief Medical Officer (CMO) and Chief Executive Officer (CEO), and broadening the oversight with mandatory accreditation for all aspects of care at the home.

Once the Senate completes work on the bill, both the House and Senate will appoint a conference committee to resolve the differences between the two versions.



JOHN DAVIS
*FRA's Director of
Legislative Programs*

It appears that Congress will agree to a 3.5 percent pay increase for FY 2008 and very likely commit to pay increases 0.5 percent above the Employment Cost Index (ECI) for the next 4 years intended to reduce, but not eliminate, the estimated 4 percent gap between military and civilian wages. Both versions of the bill also agree that there will be no TRICARE fee increases or increases in pharmacy co-pays for retirees under age 65. The legislation also adds money to enhance DoD electronic health records and encourages cooperation between DoD and VA for care of wounded warriors. A supplemental appropriations bill to provide an additional \$50 billion FY 2008 funding for OIF/OEF will be considered later in the year.

The pay increase, no TRICARE fees increases and no pharmacy co-pay increase provisions are major victories for FRA.

Significant differences between the House and Senate versions include concurrent receipt reform, paid-up SBP, access to TRICARE, among many other items. Approval of various provisions of the bill in conference committee is determined by majority vote of the conferees of each chamber. Floor amendments to conference committee reports are prohibited. The House and Senate can only accept or reject the conference committee report. If the Senate and House approve the conference committee report the bill will be sent to the President for his signature.

John Davis is a member of Navy Department Branch 181.

Coast Guard Authorization Advancing

The FY 2008 US Coast Guard Authorization is advancing on Capitol Hill and both the House and Senate versions of the legislation (H.R. 2830 and S. 1892) address several personnel related issues. These include emergency leave retention authority whereby service members would be allowed to retain leave they would otherwise forfeit due to support of major disasters or other emergencies declared by the President; legal assistance authority for Coast Guard Reservists that establishes parity among all similarly situated Reservists who have served on active duty for more than 30 days under mobilization authority and makes them eligible for legal assistance upon release from active duty; and authority for reimbursement for certain medical-related travel expenses when a service member is stationed on an INCONUS island and his/her family member is referred to a specialty care provider off-island that is less

ACTION CENTER

This has been another banner year for FRA Shipmates using the Action Center for advocacy. In the first eight months of 2006, 13,153 advocacy messages were sent to Congress. This year 20,930 advocacy messages were sent to Congress in the same timeframe. That is nearly a 60 percent increase. Your grassroots support enhances FRA's effectiveness on Capitol Hill.

than 100 miles from the primary care provider. In addition, both bills authorize the current end strength of 45,500, and make Coast Guard retirees eligible for the Armed Forces Retirement Home (AFRH). The Senate bill includes a policy change authorizing recreational facilities to be included in the public/private venture (PPV) program similar to service housing projects.

VETERANS' AFFAIRS VETERANS' AFFAIRS VETERANS' AFFAIRS VETERANS' AFFAIRS VETERANS' AFFAIRS VETERANS' AFFAIRS VETERANS' AFFAIRS

Administration Backs Reform of Veterans Disability System

The Administration is expected to announce support for legislation recommended by the Dole-Shalala Commission that service members found unfit for duty as a result of combat or combat-training injuries, regardless of the number of years served, would qualify for an immediate lifetime annuity from DoD that would include TRICARE benefits. Separately, they would continue receiving their disability compensation from the VA for any service-connected injuries or ailments. But the portion of VA compensation now provided, and intended only to cover reduced earnings capacity, would stop at age 65 when social security begins. It is still unclear if changes will be retroactively applied for veterans before September 11. Under this new plan, non-combat disabled benefits would be unchanged, with percentage awards based only on conditions that make the individual unfit for service, and those rated below 30 percent still would get a lump-sum severance payment instead of an annuity and would not qualify for TRICARE. In stark contrast, the Veterans Disability Commission (VDBC) has recommended not to treat disability benefits differently based on whether an injury is received in combat.

Senate Panel Approves VA Reform

The Senate Veterans Affairs Committee (SVAC) approved an FRA supported bill, "The Veterans Traumatic Brain Injury Rehabilitation Act" (S. 1233), sponsored by SVAC Chairman Senator Daniel Akaka (Hawaii). This bill includes improvements to Traumatic Brain Injury (TBI) program, extends eligibility for combat service since 1991 from two years to five years after discharge or release, and rescinds the January 2003 VA regulation that prohibits enrollment of Priority Group 8 veterans (Veterans with non-service-connected disabilities whose income is above a modest level that varies by geographic location). FRA has repeatedly requested coverage for all veterans in testimony before the House and Senate Veterans Affairs Committees.

VA Suicide Hot Line Now Available

A national suicide prevention hot line for veterans is now available to help ensure that veterans with emotional problems have round-the-clock access to trained professionals. This is a joint venture of the VA and the Substance Abuse and Mental Health Services Administration of the Department of Health and Human Services (HHS). The hotline is available 24 hours a day, seven days a week, from anywhere in the country, and is staffed by trained mental health professionals. The toll-free hot line number is 1-800-273 TALK (8255).

Let Veterans Salute the Flag

Before adjourning for the August recess the Senate approved FRA supported legislation, (S. 1877), sponsored by Senator James Inhofe (Okla.), to allow service members and veterans out of uniform the option of saluting the flag during hoisting, lowering, passing, or during the playing of the National Anthem. Current law (Section 9 of Title 4, United States Code) requires veterans and service members not in uniform to put their hands over their hearts. The bill has been referred to the House and would not mandate a salute but would give the option of saluting or placing the hand over the heart as a gesture of admiration for "Old Glory."

DeCa Briefing at FRA NHQ

FRA recently hosted a briefing by the senior leadership of the Defense Commissary Agency (DeCA) for Military Coalition (TMC) organizations. The group was headed by Richard Page DeCA's Chief Operating Officer, who discussed the agency's mission, structure, funding, and benefits. DeCA augments military compensation providing 12 million beneficiaries savings that exceed 30 percent when compared to commercial stores. The benefit also helps with retention. DeCA is working to ensure adequate funds for store construction, maintenance, and repair in conjunction with upcoming BRAC and rebasing changes and may require some appropriations funds via the MilCon/VA budget. A Pentagon report projecting revenue estimates for next 10 years will soon be released.

Full Replacement Value for PCS Moves Coming Soon

FRA staff attended a DoD briefing on the long-delayed full replacement value (FRV) coverage for military personal property shipments. The 2007 National Defense Authorization Act (NDAA) mandated FRV by March 2008 and DoD will provide FRV in some instances before the Congressionally mandated effective date. Shipments to and from overseas locations already have FRV coverage on 1 October, 2007. Domestic shipments will be covered as of 1 November, 2007 and non-temporary storage and local moves will be covered effective 1 March, 2008. The provision for full replacement value provision is part of the FRA supported "Families First" initiative, which DoD has been working to implement for several years. Under the "Families First" program each customer will receive a customer satisfaction survey. The responses to these surveys will be used to ensure that companies with the highest satisfaction ratings receive the greatest number of shipping contracts. Additional information on PCS moves/Families First can be found at: www.sddc.army.mil/public/Personal+Property/Families+First/



Customer Assistance for TRICARE Mail Order Now Available

The TRICARE Mail Order Pharmacy (TMOP) launched its Member Choice Center (MCC) on 29 August. The new center will provide TRICARE beneficiaries with assistance from customer service representatives to ease the TMOP registration process and help beneficiaries build member profiles. A profile is required to use TMOP which is the least expensive option when not using a military pharmacy. The profile assists TMOP in filling prescriptions and also provides a beneficiary notification service, which ensures that the MCC contacts the beneficiary if a physician cannot be reached.

By using the mail-order pharmacy, beneficiaries may save up to 66 percent on prescription co-pays. First-tier medications (generics) are available through a TRICARE Retail Pharmacy for \$3 co-pays for up to a 30-day supply, and through the TRICARE Mail Order Pharmacy for \$3 co-pays for up to a 90-day supply. Beneficiaries may purchase second-tier medications (formulary brand-name) for \$9 for up to the same number of days through a TRICARE Retail Network Pharmacy or through the TRICARE Mail Order Pharmacy. For more information, contact the MCC at 1-877-363-1433 or visit www.express-scripts.com.

TRICARE Formulary Benefit Changes

The TRICARE Management Activity (TMA) has announced that 17 drugs will be moved to the third tier. Five of the medications will be effective 24 October 2007, and 12 will be effective 21 November 2007. Third-tier medications require a \$22 co-pay for a 30-day supply. Beneficiaries taking third-tier medications should consult their health care providers about changing to a first- or second-tier alternative. When providers prescribe medications, beneficiaries should ask if a generic alternative is available in that drug class that would provide the same clinical results.

Third-tier medications are not available at military treatment facility (MTF) pharmacies unless an MTF provider establishes medical necessity and writes the prescription. For a complete list of medications, and their formulary status, beneficiaries may visit: www.tricareformularysearch.org/dod/medicationcenter. Medical necessity forms and criteria are available at www.tricare.mil/pharmacy/medical-nonformulary.cfm

Reserve Component Health Care Benefits Improvements

A restructured TRICARE Reserve Select (TRS) health care program begins 1 October 2007. TRS is becoming more affordable and simpler, with one premium level instead of the current three-tier system. Reserve component members may purchase health care coverage in the program which was first authorized by Congress in 2005. Monthly premiums will be \$81 for the Reservists and \$253 for family coverage and TRS offers coverage comparable to TRICARE Standard and Extra. Reservists can find out more about TRS and locate their TRICARE regional contractor contact information by entering their profile at the "My Benefits" portal at www.tricare.mil.

The revised program also includes expanded survivor coverage, continuously open enrollment and much more. The only two qualifications for TRS program are:

1. The member must be a Selected Reserve member of the Ready Reserve; and
2. The member must not be eligible for the Federal Employee Health Benefits (FEHB) program or currently covered under FEHB.

Cuts in TRICARE Reimbursement Rate Cuts Delayed

The House passed legislation extending and expanding the children's health insurance program for low-income families (H.R. 3162) includes a provision delaying the 9.9 percent cut in physician payments for Medicare and TRICARE providers scheduled to take effect next year. Doctor participation is an even greater problem for TRICARE than for Medicare because low reimbursement rates are compounded by additional administrative requirements and fewer patients. The White House has issued a veto threat on the budget impact on other unrelated provisions in the bill.

TRICARE Prime Travel Reimbursement Available

TRICARE Prime beneficiaries referred by their primary care manager for specialty services located more than 100 miles from their provider's location may be eligible to have their reasonable travel expenses reimbursed by TRICARE. Beneficiaries must have a valid referral and travel orders prior to traveling, and file a travel claim upon their return. This can be requested at the military treatment facility (MTF) or from the TRICARE Regional Offices (TRO) if the doctor is a TRICARE network provider.

Reasonable travel expenses are the actual costs incurred by the beneficiary when traveling to their specialty provider. Costs include meals, gas, tolls, parking, and tickets for public transportation (i.e., airplane, train, bus, etc.). Beneficiaries must submit receipts for expenses above \$75. Costs of lodging and meals may be reimbursed up to the government per diem rate. This benefit does not apply to travel expense for specialty care experienced by active duty uniformed service members, or active duty family members residing with their sponsors overseas, which are reimbursed by other travel entitlements. For more information on the TRICARE Prime Travel Reimbursement, refer to www.tricare.mil/factsheets.

FRA Selected to Veterans Day National Committee

The Secretary of Veterans Affairs Jim Nicholson announced the selection of FRA as the newest member of the Veterans Day National Committee. FRA joins 24 other nationally known veteran service organizations on the committee that was formed to appropriately coordinate Veterans Day observances. FRA has been an active “Associate” member of the Veterans Day National Committee since 1978, and was the longest serving organization with that designation.

FRA testifies before both the Senate and House Veterans Affairs Committees, along with providing specific testimony to other key House and Senate oversight committees on military personnel and veterans issues. FRA is a founding member and an active participant in The Military Coalition, a highly effective consortium of 35 military and veterans organizations collectively representing about 5.5 million members on key personnel and veterans issues.

FRA is also accredited by the Department of Veterans Affairs (VA), which permits Association representatives to present claims for veterans, their dependent and survivor before the VA. The Association and members of the Ladies Auxiliary of the FRA are also very active in the VA Volunteer Service Program (VAVS) and currently maintain “Member” status on the VAVS National Advisory Committee. FRA members volunteered more than 22,000 hours in 2006.

FRA was founded and chartered on Veterans Day, 11 November 1924 in Philadelphia, Pa. and was federally chartered on 23 September 1996.

New Ranking Member Appointed for Senate Veterans Committee

Senator Richard M. Burr (N.C.) will become ranking member on the Senate Veterans Affairs Committee replacing Senator Larry Craig (Idaho) who has given up his leadership positions on committees, but for the time being will stay on as a member of the committee. Senator Burr was first elected to the House in 1994 and was elected to the Senate in 2004 replacing Senator John Edwards, who did not seek re-election.

On & Off Capitol Hill is written by Joe Barnes, National Executive Secretary and John Davis, Director of Legislative Programs with input from Bob Washington, Health Care Advisor and Director of Membership Development, Chris Slawinski, National Veterans Service Officer and Ed Dockery, Assistant Director of Legislative Programs.

FRA Communities

PART OF THE BENEFIT of being a member of FRA is the connection to other shipmates. One way FRA shipmates can stay connected is to use the most versatile and dynamic part of www.fra.org — the “Communities.”

Communities are groups of people with something in common. Online, that means a place has been set aside for these groups in order to let them have discussions with each other, share ideas, suggestions, concerns.

For example, a community exists for each FRA branch and one for Members-At-Large. Log in and the site displays communities appropriate to you. One for your branch, one for FRA Today Readers, one for Health Care and one for *On Watch*. The member can then choose to enter the desired community just by clicking on the name.

Once in the community, you will see a variety of discussion areas. The *FRA Today Readers* community has discussions of recent articles, interviews, a “looking for” discussion, a place to discuss your favorite ship museums

and more. Click on the discussion and read what others have posted and share what is on your mind. Posting is simple – you can “Create a New Topic” if you want to start a new discussion, or you can read a current posting and hit “reply” to post a response to another shipmate’s comments.

You also have options as to how involved you want to be. From the main “Communities” page, click the box that says “global preferences.” There you can choose the communities to which you want to subscribe — and

you can choose to receive notification by e-mail when someone responds to your post. It’s up to you how often; immediately, daily, weekly or never.

Interested in being an administrator for a community for your branch? E-mail Eileen@fra.org and get set up to be able to upload files (great option for meeting minutes and newsletters!) and to be able to start new discussion threads.

It’s free, convenient and easy to use. Stay connected with the people in your FRA community!

Another great way to stay connected is attending FRA’s free monthly tele-conferences. Held at 1200 EST on the second Wednesday of each month. To participate call 877-746-9514 and enter code 1924 to participate, 1400 to listen only.

The topic for 10 October is National Convention in Corpus Christi!

Love Potion #7?

The New Science of Love with a little wizardry thrown in.

In every great fairy tale, the sorcerers take a little science and throw in a little magic to create the perfect brew that brings two lovers together. Romance is all about chemistry and these seven brilliant stones can add just the right magical fire to raise the temperature of your secret potion. In today's most important design called the "River of Love", this pendant of 2 carats t.w. of graduated DiamondAura stones is the perfect blend of science and sorcery. Our Gemologists have broken the code to create an impeccable stone with even more fire and better clarity than mined diamonds. Of course, the DiamondAura stones are hard enough to cut glass and they are so clear and white that they rival a "D Flawless" diamond in terms of color and clarity. In the laboratory, we have found a way to match the brilliance and stunning reflective qualities of a diamond by using science and thus we avoid the outrageous price.

Perfection from the laboratory.

We will not bore you with the details of the ingenious process, but will only say that it involves the use of rare minerals heated to an incredibly high temperature of over 5000°F. This can only be accomplished inside

COMPARE FOR YOURSELF AT 2 CARATS		
	Mined Flawless Diamond	DiamondAura Compares to:
Hardness	Cuts Glass	Cuts Glass
Cut (58 facets)	Brilliant	Brilliant
Color	"D" Colorless	"D" Colorless
Clarity	"IF"	"F" Faultless
Dispersion/Fire	0.044	0.066
2 ct tw necklace	\$20,000+	\$129

some very modern and expensive laboratory equipment. After cutting and polishing, scientists finally created a faultless marvel that's optically brighter and clearer with more flashes of color. According to the book *Jewelry and Gems—the Buying Guide* the technique used in DiamondAura offers, "The best diamond simulation to date, and even some jewelers have mistaken these stones for mined diamonds."

The 4 Cs. Our DiamondAura jewelry retains every important specification: color, clarity, cut, and carat weight. In purely scientific measurement terms, **the fire is actually superior to that of a diamond.** Fire is the dispersion of white light into a rainbow of color. Our team of cutters and polishers artistically performs the symmetrically brilliant, 58-facet cut to maximize the light reflection and refraction.

Buying naturally mined diamonds can be a dangerous journey. Prices are high and often fixed, quality is subjective and the origins of the stones may be in doubt. Do you really want to worry about that or do you just want a look that is spectacular.

The "River of Love" is for that love of a lifetime. If you're looking for the most fire, carat weight, brilliance



Receive these scintillating DiamondAura 18k gold over sterling silver stud earrings **FREE!**

Read details below.



and clarity for a magnificent price, the 2 carat DiamondAura "River of Love" 7 stone necklace is mounted in 18k gold fused over sterling silver for only \$129.00! Just to make the magic more tempting, we will include the .86 total carat weight DiamondAura stud earrings for FREE! If you are not thrilled with the brilliant romance of the DiamondAura "River of Love" necklace, return it within 30 days for a refund of your purchase price and keep the stud earrings as our gift.

Not Available in Stores

Call now to take advantage of this limited offer.

DiamondAura "River of Love" necklace

2 ct. t.w. DiamondAura 18" gold pendant with 7 stones
\$129 + S&H

.86 ct. t.w. DiamondAura gold stud earrings **FREE** when ordering the "River of Love" necklace – a \$69.95 value!

Call to order toll-free,
24 hours a day, 7 days a week.

888-201-7059

Promotional Code ROL218-02
Please mention this code when you call.

Stauer

HERITAGE OF ART & SCIENCE

14101 Southcross Drive W.,
Dept. ROL218-02

Burnsville, Minnesota 55337

www.stauer.com

Your Mission • Your Voice

ONWATCH

Family Readiness: A Message from MCPON Joe Campa

Throughout the history of our Navy, there has been one constant: a Sailor cannot concentrate on the challenges before him if he isn't confident in his family's ability to cope at home. That peace of mind frees our Sailors to focus on the task at hand. Family readiness is essential to our success. We are good at preparing our families for routine deployments, but the increasing speed of engagement and non-linear threats suggests that we also prepare for non-routine or unexpected deployments. Once deployed, a Sailor can't plan his return with the same degree of certainty, as surges can call for unplanned re-deployments. We have Sailors who are Individual Augmentees (IA), and the window for that preparation isn't too large.

We are focusing on the bigger aspect that goes into family preparedness, and that means a family who is prepared for anything. What about natural disasters? Are families prepared for disasters like Hurricane Katrina? We have learned many lessons over the last several years, not only with the demands that this war has put on us, but with natural disasters and what Katrina has taught us.

Our Fleet and Family Support Centers are doing a great job in helping our Sailors, as well as our Ombudsmen. There are so many great resources available in the Navy. Military One Source (www.militaryonesource.com), Navy Knowledge Online (<https://wwwa.nko.navy.mil/portal/splash/index.jsp>) and Family Lines (<http://www.lifelines.navy.mil/Familyline>) are just three examples of great websites that can get you on the right track. However, the expectation is one of personal responsibility, and family readiness is a Sailor's first duty. It is not the Ombudsmen's problem, it is not the Fleet and Family Support Center's problem - it is an individual responsibility. The American Red Cross tells us that only seven percent of households are prepared for a disaster, and while I'd like to think that Naval families are at a higher percentage, I can't believe it would be by a large margin.



Master Chief Petty Officer of the Navy (MCPON) Joe Campa

Natural disasters only pose one threat to family security, and a Sailor's peace of mind. Fiscal responsibility is a habit that starts in boot camp and is reinforced along the way. Bad money management can hurt a Sailor's career; we're reminded of the many Sailors that lost security clearances to poor decisions at home. If a Sailor is having financial issues, the answer is not the "quick fix" of a payday loan - that's why we have command financial specialists, with many tools to help Sailors in many situations. Our married Sailors have a responsibility to provide for the basic needs of their families - many do this through allotment. Sailors need to plan for contingencies, and share those plans with those they love.

Our Sailors in war zones receive extra pays, and that money is tax-free. They must realize their financial status will abruptly change when they get home. I believe that it's up to our senior enlisted, our Chief Petty Officers, to look for signs of irresponsible spending. If you have a young E-3 suddenly driving a very expensive vehicle that is way out of their pay range, I expect that Chief to be asking questions.

The success of our Navy depends on the opportunities we provide our Sailors to succeed and the support we provide their families. The decision for a married Sailor to stay in the Navy is not just made by that Sailor, but by the entire family. It is in the Navy's best interest to listen to feedback regarding quality of life issues. Before a ship deploys, we provide as many resources as we can to families, and share what we can about the individual deployment. Even if the movement of a particular ship is not public knowledge, we must ensure our families are prepared and armed with the knowledge of agencies to turn to if they need help. As time goes on, increased contact and feedback can only make us better at meeting the unique challenges and needs of our service families. I appreciate FRA's support of our Sailors - the surveys they conduct and the insights they provide to Congress are invaluable. We need an advocate on Capitol Hill to continue funding these programs for a strong quality of life.



A SALUTE



MARSH

Affinity Group Services
a service of Seabury & Smith

www.frainsure.com



GEICO[®]
geico.com

www.geico.com



UNITED CONCORDIA

www.TRICAREdentalprogram.com



*...to the dedicated men and women
of the United States Navy
on their 232nd birthday.*



www.usfamilyhealthplan.org



www.TriWest.com



www.express-scripts.com



www.wpsic.com



THE JOHNSON LAW FIRM
MESOTHELIOMA AND ASBESTOS
LUNG CANCER
LAWYERS FOR NAVY VETERANS
1-866-374-0338



www.fra.org



www.healthnet.com



www.military.com

Thank you for making our nation a safer place.

AS WE CELEBRATE THE birthday of the United States Navy, it is important to appreciate FRA's impact on the Navy's heritage. FRA shipmates were the first enlisted personnel to testify on Capitol Hill, and the Association's commitment to career enlisted personnel and their families remains second to none. The Association is very important and the hard work and dedication of FRA shipmates through the years helped get us where we are today with regard to pay and benefits.

In the early 1920s the idea of a permanent organization presenting the enlisted viewpoint to influence military personnel legislation was revolutionary. Most naval officers instinctively viewed such an organization as a threat to good order and discipline and many civilian leaders warned it might lead to unionism in the military. Since there were many things that needed to be said to Congress, and limitations on what active duty personnel could say without recourse, a small group of Navy enlisted retirees met and adopted the plan to create a non-profit legislative advocacy organization. In 1924 this plan was set in motion by a few, fueled by the needs of many, and has benefited all active, reserve and retired enlisted personnel since its adoption. Shaped by experience and tempered by a sense of American justice and fair play, the plan evolved into today's FRA.

The story of the FRA is a tale of grassroots lobbying at its purest. From leading efforts to authorize the CHAMPUS and SBP programs, to ensuring the establishment of the office of MCPON and his equal stature with other service counterparts within the Navy structure. A world of political action committees (PACs) and high-powered legislative influence, FRA continues to employ the basic lobbying techniques it used over 80 years ago to advance personal contact, reasonable and logical proposals, honorable service, and an American sense of fair play. The recent selection of FRA as a full member of the Veterans Day National Committee is further recognition of the Association's stature and effectiveness in representing its membership.

Unlike the Navy structure, FRA is one of the most democratic military organizations in existence today. The structure includes branches, organized by regions, with regional presidents comprising most of a National Board of Directors to govern the Association between annual conventions. However, it is the delegates, assembled in convention, who set the course by determining policy and approving expenditures.

FRA's 80th National Convention opens in Corpus Christi on 31 October. Many attendees will share stories of previous Conventions, and "the way it used to be." There will be discussion of membership numbers, budget figures, policies and procedures. It is also a wonderful opportunity to look

forward, however, and recognize that eighty years ago there were only a few hundred members. It was the determination to represent our enlisted concerns on Capitol Hill that motivated the incredible growth of the Association. That determination must be rekindled, and each and every shipmate must look at his/her own commitment to FRA's growth.

Congress is looking for ways to cut budgets. Military personnel risk losing promised benefits and younger retirees are facing drastically higher health care fees. Veterans programs must be adequately funded. We have many more issues on our legislative agenda today than we did in 1924, and the current and former enlisted Navy, Marine Corps and Coast Guard personnel are counting on us. FRA was vital then and we are critically important now.

Back in the 1920s we grew fast because a dedicated group of people were willing to shoulder responsibilities for Association business. Their commitment was contagious and people around them felt it and wanted to be part of the solution.

Active members were the most important part of our heritage and they are the key to our future. Tell all your shipmates how important it is to join and stay a member of FRA. But don't stop there. Be involved with the Association — join a committee, share your time and your experience. Serve as an officer of your branch or assist in branch activities and share your leadership skills. Most of all, recognize that we have a strong heritage of loyalty, protection and service and it is very important that we pass that on to generations to come.



JOE BARNES
FRA's National Executive Secretary

Congratulations FRA on being selected a full member of the Veterans Day National Committee!

Joe Barnes is FRA's National Executive Secretary and Chairman of the National Committee on Legislative Service. A member of Navy Department Branch 181, he is also an advisor to the National Committees on Budget and Finance and Membership and Retention.

Found! The Last Morgan Silver Dollars

Amazing Discovery Hidden in Midwest Farm Cellar

Indiana. A farmer in America's heartland recently cashed in his long-forgotten savings, hidden away for decades in a dusty crate in his cellar—a hoard of the last Morgan Silver dollars minted by the U.S. Treasury before they ceased production for good, in 1921.

Originally purchased from a local bank for face value, the farmer had tucked them away for his retirement. Now these glittering chunks of silver history, mint-fresh and never placed into circulation, are being released to the public by the FFC. While they last, you can acquire these Brilliant Uncirculated silver coins for as little as \$23 apiece. 20-coin Bankers rolls and 10-coin Half Rolls are available.

Survival Against All Odds

By all rights these silver dollars should have been destroyed decades ago. Government silver melt-downs, including the 1918 Pittman Act, which alone destroyed 270 million Morgans, have decimated supplies. Millions more were called in by the government and melted for their silver content between 1921 and 1965. Today private hoards account for virtually all the surviving coins. And of those, only a fraction survive in Brilliant Uncirculated condition highly coveted by collectors.

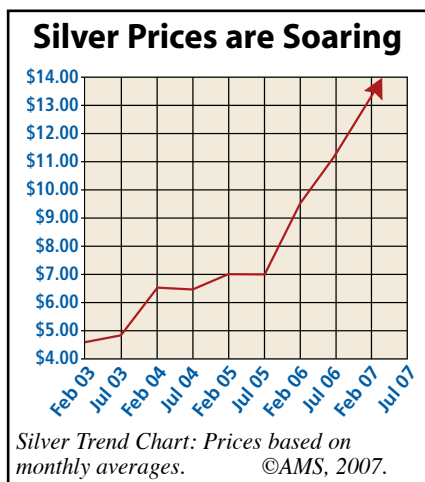
Prized Last Year Coins

These last year 90% pure silver beauties still dazzle with their Mint luster and heft. Weighing in at 26.73 grams and a diameter of 38.1mm, they are the largest American silver coins ever to circulate. Struck from silver mined from the western Mother Lode, they are the legendary coins that built the West. Master engraver George T. Morgan fashioned a radiant profile of Lady Liberty and a majestic eagle as symbols of our nation's strength and prosperity. Today, the long-gone Morgan silver dollars are among the most sought-after coins in America.

Hot Silver Market, Hot Silver Value

Silver prices have jumped over 200% in the last two years fueling the frenzy among avid collectors, investors, and the 130 million new collectors created by the U.S. Mint's highly successful state quarters program.

Today, the market is hot for Silver coins in any condition. This same 1921 Morgan Silver Dollar currently sells elsewhere in circulated, worn condition for \$50 apiece. But while supplies last you can get this original. *Mint Condition* Uncirculated 1921 Silver Morgan for as little as \$23 each, in quantity!



Originally U.S. Silver Dollars were minted and stored in 1,000-coin canvas bags by the Mint.

Money-Back Satisfaction Guarantee

You must be 100% satisfied with your order, simply return it within 30 days via insured mail for a prompt refund of the complete purchase price.

Last 1921 Morgan Silver Dollar *Brilliant Uncirculated*
\$29.50 plus S&H

Buy More and Save

FIVE 1921 Last Uncirculated Morgan Silver Dollars
\$120.00 plus S&H Save \$27.50!

TEN 1921 Last Uncirculated Morgan Silver Dollars
\$236.00 plus S&H Save \$59!

20-COIN ROLL of 1921 Last Uncirculated Morgan Silver Dollars
\$460.00 plus S&H Save \$130!

Toll-Free 24 hours a day

1-888-201-7096

Promotional Code MRG114

Please mention this code when you call.



We can also accept your check by phone.
 To order by mail call for details.



14101 Southcross Drive W., Dept. MRG114, Burnsville, Minnesota 55337

www.FirstFederalCoinCorp.com

Note: First Federal Coin Corp. is a private distributor of government and private coin and medallion issues and is not affiliated with the United States Government.

Member Better Business Bureau

FRA IS AN AWESOME organization dedicated to championing causes for enlisted members of the Navy, Marine Corps and Coast Guard since 1924. The Association has built a strong reputation for advocating issues including health care programs, retiree benefits, pay and/or allowances for active duty or Reserves, and so much more.

There are hundreds of thousands of active duty and Reserve members of the three services today who are eligible for membership. On top of that, there are literally millions of eligible veterans and retirees. To meet our formidable membership challenges, we need to educate prospective members on what we do and show the advantages of membership. The main point is when FRA goes into advocacy mode and wins the hearts and minds of the legislative body to support the passage of a bill in Congress, the effects go a long way for many people.

In order for FRA to get the word out about our advocacy work and the benefits of being a member, we have to think smarter and be creative when communicating our goals and objectives. Our Bravo Zulu on this page to Branch 235 shows how a branch can work at both recruiting and retention efforts at the same time. This, of course, is a priority for all of us. We have many great benefits to offer, including networking and socializing among the members, discount consumer programs such as life and auto insurance, car rentals, savings plans, credit cards, prescription lenses, community/

outreach involvement, FRA scholarship awards and our annual essay contest. All of our membership resources can be communicated by each and every member. The old adage, "if you build it, they will come," can be used to form strong membership and retention.

Members who are active in the Association are far more likely to maintain their membership. Shipmates can serve on committees, participate in outreach/community relations activities such as mentoring military families, and the next generation or future leaders of America, our youth. The spirit of volunteerism is inherent in America. It is also one of the things the FRA membership takes to heart. The more shipmates are out in the community participating in these activities, the more visibility we have and the easier recruiting becomes as well. It's a great cycle.

As Director of Membership Development, I encourage you to send your thoughts and ideas. If there are outreach/membership events for which you need my assistance, please send me an email at penny@fra.org.

Remember, FRA is your association to grow and develop.



PENNY COLLINS
*Director of Membership
Development*

Penny Collins is a member of FRA Branch 24 in Annapolis, Md. and can be reached at penny@fra.org.

BRAVO ZULU

Green Mountain Branch 235 held their first annual picnic at the "Real" birthplace of the US Navy, Whitehall, NY. The picnic was to promote general camaraderie and encourage shipmates to be active in the branch. Through public relations activities such as flyers, articles in the weekly papers and word of mouth, they also invited all sea service veterans from the area to attend.

More than twenty veterans (service time from WWII to the 90's), two FRA Members-At-Large and eleven members of the branch came for the afternoon. The NENG RP and VP drove six hours to attend! Door prizes included memberships, and the 50/50 winner used his winnings to purchase a membership for a friend.

Branch President Karl Zeuge said it was successful for recruiting without a hard sell. "We got five new members that day, and ten who took applications with them. They really liked the idea of just getting together, eating, swapping sea stories and meeting other veterans of their era. A very special reunion of sorts was for three Iwo Jima Marines."



Save on Energizer hearing aid batteries! You SAVE 42%! Guaranteed Fresh!



only
69¢ ea

Energizer – the name you trust!
Trusted batteries for over 100 years!

Yes, we can match your battery size for all major brands.



- Premium batteries made in the USA!**
- Home delivery with FREE shipping!**
- Expiration date on each package!**
- Stays fresh for over two years!**



Applies to hearing aid battery sizes 10, 13, 312, and 675.

© Simply Batteries, Inc.™, DeKalb, IL 60115

You can count on Energizer Amplifier hearing aid batteries. Order today and *save 42%*! The HAB Annual Discount Store Survey shows that the most common price was \$1.12 per battery *plus* you pay sales tax. **Your cost from Simply Batteries is only 69¢ each** when you buy 40 batteries for \$27.55 – you save \$20!

Order easily by phone, mail or on-line at:

www.SimplyBatteries.com/25705

“Convenience and low price are important. Reordering is easy and I never have to run out to buy one package at a time.”

C.J. – Warren, RI

“Price is wonderful! Ordering is easy and speedy delivery is appreciated. Batteries are very good.”

J.L. – Kankakee, IL

Call Now Toll-Free

1-800-782-3540

ext 25-705

Simply Batteries, Inc.™

1650 Pleasant St, Dept 25-705

DeKalb, IL 60115-0948

Free Shipping!

Yes! Please rush 40 Energizer Amplifier Zinc-Air Batteries for only \$27.55 (enclosed).

Money-back guarantee.

Battery Size & Tab Color: _____

Dr/Mr/Mrs/Ms _____

Address _____

City/State/Zip _____

Combat Shooter

The not-so-still life of a combat photographer

Russell Lee Klika has been shooting most of his adult life. In 1977, he joined the Marine Corps as a 17-year-old and, after boot camp at MCRD San Diego, was assigned as a machine gunner. But an impromptu purchase while aboard the USS New Orleans turned Klika into a shooter of a different sort.

"About four years into my Marine career, I bought a 35mm camera and started taking pictures," explains Shipmate Klika, a member of Branch 130 in Indianapolis. "I bought the camera on my first of four West Pac cruises, and found myself shooting a lot of photos." Before long, he was documenting units' training and doing some Public Affairs (PA) work. In 1988, he was one of 99 up-and-coming photographers, and the first military photographer, selected to attend the Eddie Adams Experience in Photojournalism workshop. When he left the Corps in 1990, Sergeant Klika had transitioned from machine gunner to combat photographer.

As a civilian, Klika worked for several large newspapers on both the east and west coasts, and also did work for many magazines. During his career as a photojournalist, he's earned more than 50 first-place honors and best-of-show designations. His most recent success was taking first place in the Military Photographer of the Year competition, where "The Touch" (page 22) took top honors in the Portrait/Personality category.

In 2003, Klika took his self-taught photography skills to the National Guard, where he currently serves as the First Army Operation Warrior Trainer (PA Specific) at Camp Atterbury in Edinburgh, Ind., teaching other military photographers how to hone their craft.

"The Army tells me I'm more valuable here than in the field. I'm teaching others to be storytellers with their cameras and it's great to see my students learn and grow. But it is such an honor to be the eyes and ears for the guys in the front lines," says Klika. "When I'm in the field, I work hard to edit and caption the photos, and get them to the First Sergeant as quickly as possible. Within 24 hours of going out on a mission, the troops have photos showing what they do. It means a lot for these soldiers to be able to send those images home and share what they're doing with their friends and family."

Klika believes that military photographers not only document wars and battles, but also preserve and humanize historical events. Photographers who

capture images in war-torn regions often endure the same hardships and experience the same risks as the warriors they are photographing.

"On my two tours in Iraq, my primary mission has been to be a photographer," says Klika. "I do the traditional PA stuff — the 'grip-and-grins,' changes of command, promotion ceremonies — that sort of stuff. The units that go outside the wire are not obligated to take me with them. These guys go looking for, and find, trouble on a daily basis. I have to earn their trust and prove myself, because they have to give up a seat to take me along. They'll provide me with protection. My Marine background really helps me relate to them, and I think they know how much I respect their discipline."

But that doesn't mean that being a combat photographer is limited to shooting images. "I'm still a qualified soldier, even though I'm there to take photos," says Klika. "There are times when I've had to drop the camera and exchange rounds with the enemy. You have to be prepared to soldier up. One way or another, I'm aiming and shooting."

Like a marksman, Staff Sergeant Klika teaches his students to wait for the shot. "I don't pose any of my photographs," he says. "I just wait for them to happen. Many of the photos I took on humanitarian missions in the Kurdish villages of Iraq are really portraits, and to be honest, I didn't know I had it in me. The Iraqis are curious people and I knew they'd turn and look at me. I just had to wait. The kids," he adds with a chuckle, "are like kids anywhere. They'd often ham it up for the camera."

While his current assignment usually finds Staff Sergeant Klika in a classroom, he continues to take photos. His website (www.russellklika.com) shows some of his work, including the powerful images he took during his two tours in Iraq. In 2004, he accompanied the 278th Regimental Combat Team of the Tennessee Army National Guard to Iraq, serving as the NCOIC of Public Affairs. In 2006, Klika returned to Iraq, this time with the 133rd Mobile Public Affairs Detachment of the Tennessee Army National Guard. During his second tour, he worked with the 101st Airborne's 3rd Division Rakkasans, a unit in which Klika's 21-year-old son, Zachary, coincidentally now serves.

His passion for his comrades and his dedication to humanize the war in Iraq are evident in the photos shown on the following pages. "I plan to stay in the Guard till I'm 60," he says. "I'm addicted to it. □



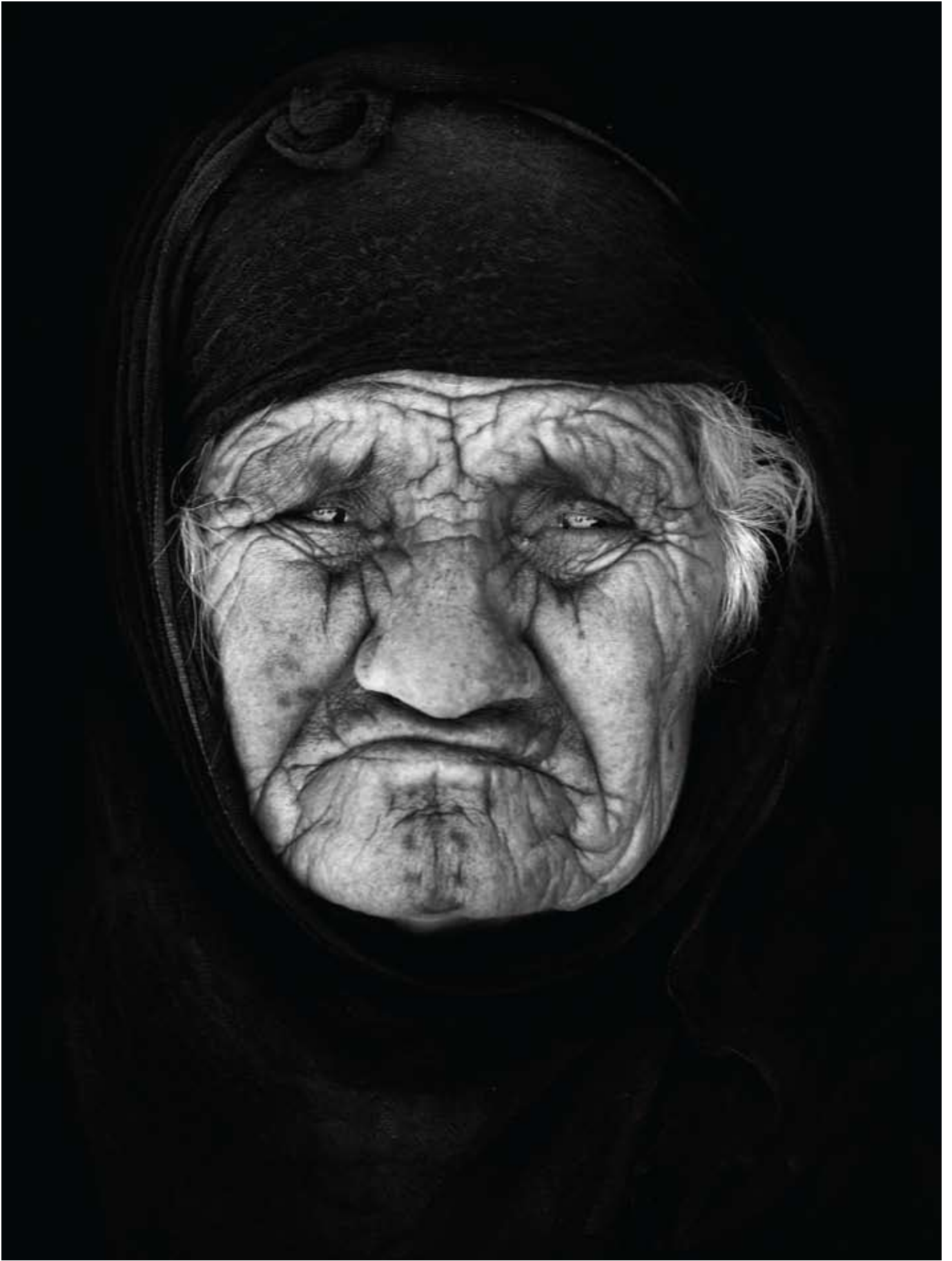
Staff Sgt. Russell Lee Klika, Tennessee Army National Guard. (U.S. Navy photo by MC2 Bart A. Bauer)

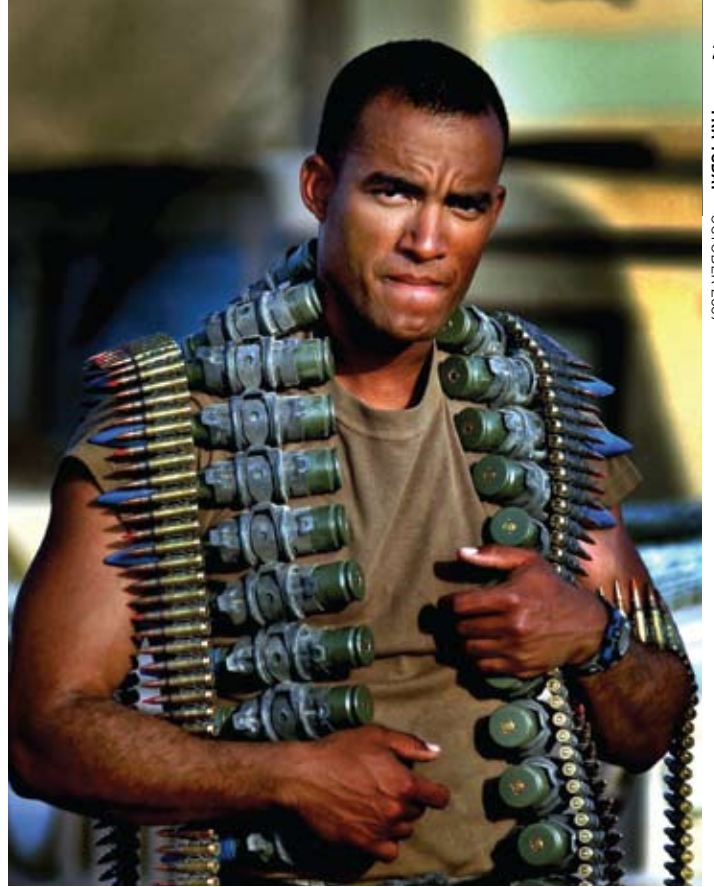
Lauren Armstrong Contributing Editor and LA FRA Member at Large is a USO Volunteer at Reagan National Airport USO Lounge. We thank Lauren for her service.



Above: Jalula, Iraq Below: Hawija, Iraq







Left: Diyala Province, Iraq Above Left: Sadr City, Iraq Above Right: Sinjar Mountain range, Syria/Iraq border Below: Forward Operating Base Summerall

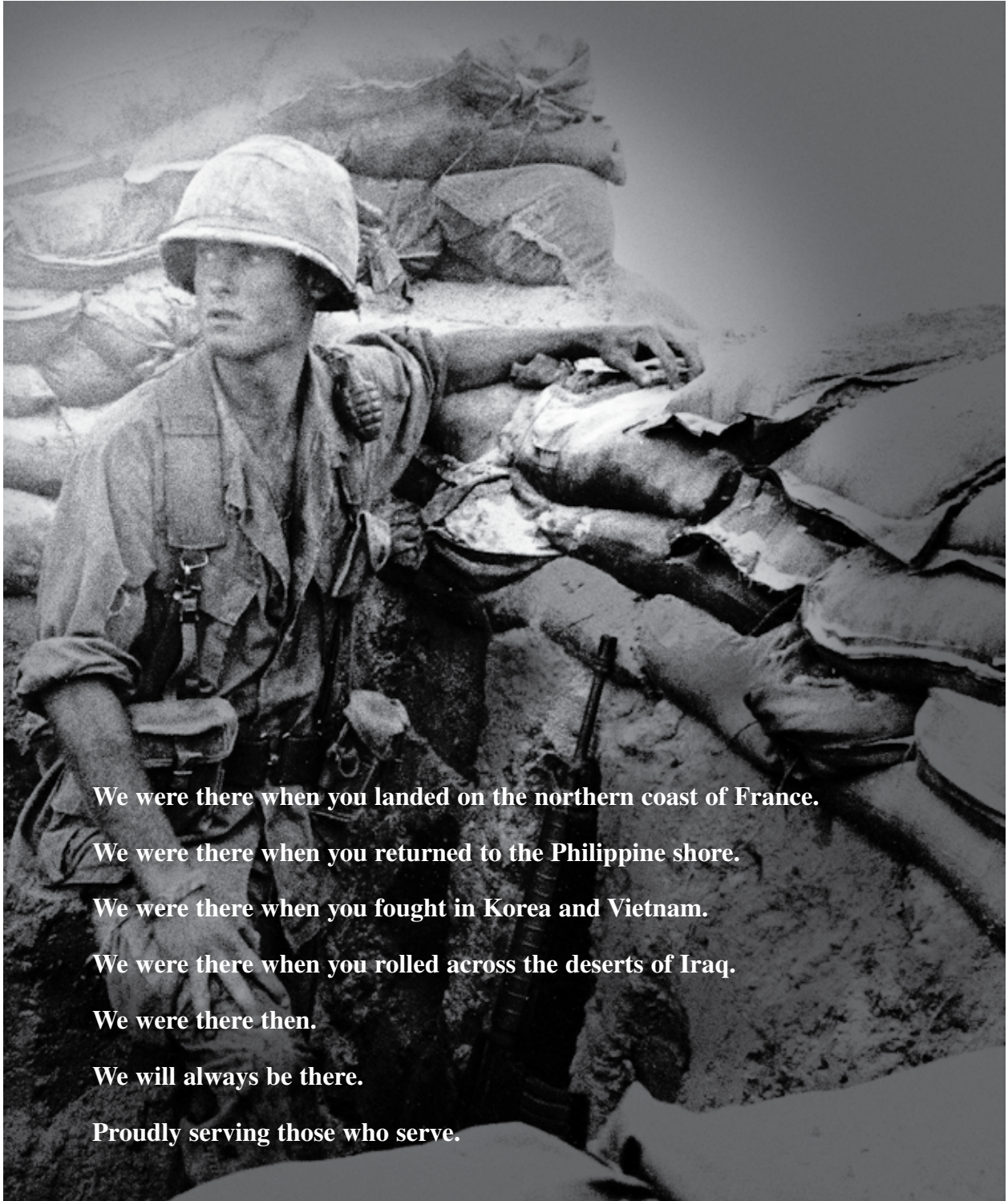




Above: Forward Operating Base O'ryan, Iraq Below: Munjama, Iraq Right: Kuwaitt







We were there when you landed on the northern coast of France.

We were there when you returned to the Philippine shore.

We were there when you fought in Korea and Vietnam.

We were there when you rolled across the deserts of Iraq.

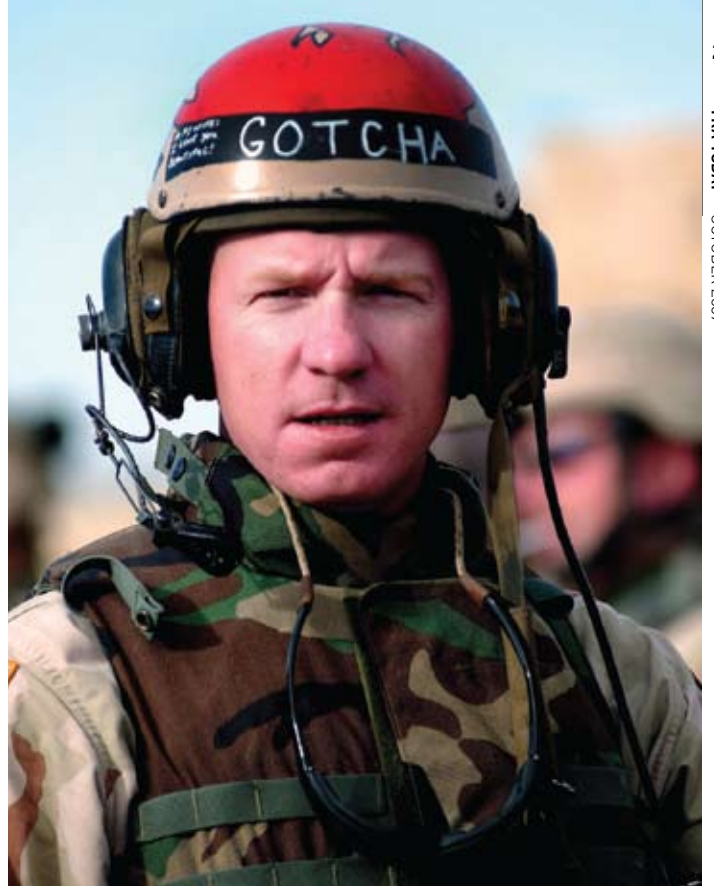
We were there then.

We will always be there.

Proudly serving those who serve.

1-800-MILITARY
(1-800-645-4827)

GEICO[®]
geico.com



Above Left: Aruba, Iraq Above Right: Forward Operating Base Cobra, near Jalula, Iraq Below: Balad Ruiz, Iraq



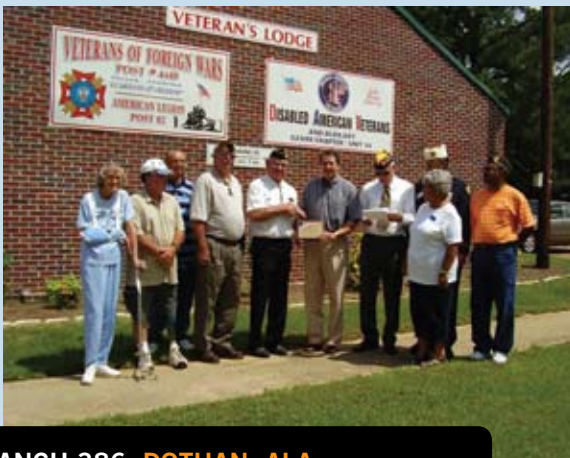


BRANCH 229 NEW WINDSOR, N.Y.

Branch President Tom Hoey looks on as Branch Secretary Norm Sivertsen presents Regina Nappi with a \$2,000 bond and plaque. Branch 229 recognized Ms. Nappi's scholarship as a national award winner in the FRA annual essay contest.

BRANCH 361 ASHEVILLE, N.C.

Past Branch President Herbert W. Reith poses with Dr. Susan Pendergrass, Director of the Department of Veterans Affairs Medical Center. Shipmate Reith received a mantel clock in recognition of his outstanding work as a volunteer.



BRANCH 386 DOTHAN, ALA.

FRA, VFW, DAV, and American Legion presented State Rep. Steve Clouse, Ozark, Ala. (center, gray shirt) with a plaque for his achievements in the Alabama State Legislature on the "thank you" fishing license for our Alabama disabled veterans 20% and above.



BRANCH 001 PHILADELPHIA, PENN.

Branch President PRPNE William H. Reese presented the "Sailor of the Quarter" award to BM1 Matthew B. Bailey at USCG Sector Delaware Bay.



BRANCH 130 INDIANAPOLIS, IND.

Branch members honored shipmates of the USS Indianapolis (CA-35) by marching in a parade. The Grand Marshal was James O'Donnell, a survivor of the USS Indianapolis and an FRA life member.

To submit a photo for News From the Branches, please e-mail a photo as an attachment in jpeg format to FRAToday@fra.org or mail a high-quality photograph to *FRA Today*, 125 N. West Street, Alexandria, VA 22314. Please include a brief description of the photograph and include the names of those pictured. Laser prints and scanned copies of photographs cannot be accepted.

Tips for Taking "News from Branches" Photos

Here are a few tips for telling your branch's story through photographs:

LIGHTS, CAMERA, ACTION!

Try getting some action shots. A picture of shipmates talking with prospective members tells a more interesting story than a photo of shipmates posing in front of a recruiting table. Instead of photographing a shipmate as he receives an award, how about a picture of him working with hospitalized vets, painting the wall at his branch home, or doing whatever efforts earned him the award in the first place? Action photos tell a story much more effectively than a posed image.

COMPOSE YOURSELF

Sometimes a posed photo opportunity is all you'll have. Take a look at your photo composition before you click the shutter. Can you see everyone's face in the viewfinder? Is the background clean and uncluttered? Are your subjects' smiling and looking their best? Try to adjust crooked ties or wayward wisps of hair before you take the picture.

TOOT YOUR HORN

Don't forget to send your stories and photos to your local newspaper. Editors are always looking for out-of-the-ordinary human interest stories about community residents and may be more likely to publish a story if it's accompanied by a great photo.



Anne Sullivan, USMC, Parris Island - 1960-1964

Contact Lillian (Bunnie) Doyle-Wells, 360-271-4716 or mbwells.2@hotmail.com.

Anyone who served in MCB10 during the period May 1960 and July 1961

Contact Judson Stephens, CPO,USN (Ret.) at 9705-65 Hickory Hollow Road, Leesburg, FL 34788 or judd2001us@yahoo.com.

Anybody who served on PC1263 in Key West during 1952-1955 or on PCs.

Contact R. Rightmyer, HTSC, (Ret.) at richardr@localnet.com.

Jesse (NMN no middle name) Davis

ETN2 in 1965 BJU-1, USNAB Coronado, CA. Please e-mail Bob Kropf dadkropf1@centurytel.net.

John Cabral

Last known duty station was VF-21 from 1979-1983, he was from New Bedford, MA, if anyone knows him have him contact Roger A. Austin at raAustin@presenter.com.

Shipmates aboard tincans in Newport RI during 1951-1952

A liberty boat sank returning to the nest and more than a dozen sailors were lost. Please tell me the year and month it happened. Contact James Ivy Jr. MSC (Ret.) Gem2645@aol.com or 805-983-4931.

Shipmates aboard the USS GURKE DD-783 from 1963 to 1965

I was the Capt. yeoman during this time and played on the ship's softball team. Living in Emerald Isle, NC. Contact Pete pete@nc-coast.com. or 252-354-5146.

Shipmates from: Co. 496 NTC San Diego 1950, Special Projects Sanglely Point, P.I. in the 50s, Whidbey Island in the 50s, Kwajalien in 1958, VF's 121,141 and 191 at NAS Miramar in the 60s, NAMTG 3032 at Jax in 60s, to the USS Enterprise CVAN 65 in the 70s.

To catch up on old times contact Bill White AE/AS at Billewhite@cox.net.

These notices are published on a space available basis. Notices must be submitted in writing. E-mail fratoday@fra.org or mail your request to: FRA, Looking for..., 125 N. West St., Alexandria, VA, 22314.



WWII Veterans of USS Arkansas (BB-33)


Anyone who knew my father, Seaman 1st Class Henry "Hank" Kaczmarek, who was in the 7th Division 1943-1946. I am working on a memorial of his service for a family history. E-mail me at kaczmarek@charter.net or call 704-276-1563.

PUBLISH YOUR BOOK

80-year tradition of quality. Subsidy book publisher offers publishing services for books of all types. For free Author's Guide, write:


Dorrance - NA
701 Smithfield St., Third Floor, Pgh, PA 15222
Or Call 1-800-695-6599

MAKE THE SWITCH
- to -
CONVENIENCE
(Now it's easier than ever before.)



Retail Pharmacy

- Store Hours
- Monthly Trips
- Waiting in Line




TMOP


- ✓ Your Hours
- ✓ No Trips
- ✓ Home Delivery

The TRICARE Mail Order Pharmacy (TMOP) is convenient, economical, safe and secure — and with our new, streamlined enrollment, switching to home delivery is hassle-free. Just visit www.express-scripts.com/TRICARE or call the **NEW MEMBER CHOICE CENTER** at 1-877-363-1433, Monday through Friday, 8 a.m. to 5 p.m. Central — and we'll take care of everything so your eligible prescriptions are delivered right to your door in time for your next refill.

TMOP home delivery ... the corner drugstore at your front door.



EXPRESS SCRIPTS®



The DoD Pharmacy and Therapeutics Committee may set quantity limits on some medications. Other benefit limitations may apply. For more information, go to www.tricare.osd.mil/pharmacy/tmop.cfm. © 2007 Express Scripts, Inc. All Rights Reserved. DD07-06186

A Perfect Ten!



Celebrating its 10th anniversary of offering an exceptional value in retirement living, Westminster Village frees you to truly enjoy life. Spacious duplexes, friendly neighbors, a great location on the grounds of the former Eaker Air Force Base, and rents starting as low as \$505...it's the winning choice! Call today.

(870)532-6696 or 1-800-914-2516.

Westminster
Village of the
Mid-South
Active, Adult Community



5215 Southside Drive
Blytheville, AR 72315
www.wmv.org



MAG/NavAff/2007

Buy Direct From the Manufacturer and **Save!**



Retail Value: \$50*

Coenzyme Q10

- Critical nutrient for energy production
- Supports heart, brain, and lung health
- A top antioxidant every cell needs
- Helps combat the CoQ10-depleting effects of cholesterol-lowering statin drugs



Retail Value: \$40*

**Triple-Strength
Glucosamine Chondroitin**

- Clinically tested dosages
- Promotes joint comfort
- Encourages mobility



Retail Value: \$25*

Triple Omega 3-6-9

- Fish, flaxseed, and borage oils
- Ideal ratio of the "good fats"
- Helps support heart, brain, and cellular health

Save on Over 1,000 Quality Products at Incredible Prices.

Try any of our top-selling products for just **\$12.99 each + FREE Shipping**

Limited-time offer. Don't miss out!

Call Now 1-800-355-3124

24 Hours a Day, 7 Days a Week



Healthy America believes healthy choices should be affordable. With our wholesale prices, you'll save **up to 55%** on the best supplements money can buy. Experience Healthy America's quality for yourself through this special offer. Why pay more for the same products?

Call now for a **FREE** catalog with your order or visit www.healthy-america.com.



Satisfaction Guaranteed!



These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

*Based on major retailers' pricing at time of printing. See www.healthy-america.com for full information regarding our warranty policy. Complete details available free upon written request.

Mail to:

A7K1HFRA3

Healthy America
578 Washington Blvd., #420
Marina del Rey, CA 90292

Method of Payment:

MC Visa AmEx Discover

Check or Money Order

Card No. _____

Exp. Date _____

Signature _____
(sign if charging)

Payment Enclosed (Do Not Send Cash):

\$ _____
(U.S. dollars)

www.healthy-america.com

Offer expires **11/23/07**. Other restrictions may apply. Not available in Iowa.

	Our Price	Qty.	Total Price
Triple-Strength Glucosamine Chondroitin (000822C)	\$12.99		
Coenzyme Q10 (001465C)	\$12.99		
Triple Omega 3-6-9 (001332C)	\$12.99		
Subtotal			
CA Residents Add 7.25% Sales Tax			
Shipping & Handling			FREE
Total			

Ms. Mrs. Mr. Dr.

Name _____

Address _____

City _____

State _____ ZIP _____

Daytime Phone (_____) _____

(In case we have a question about your order)

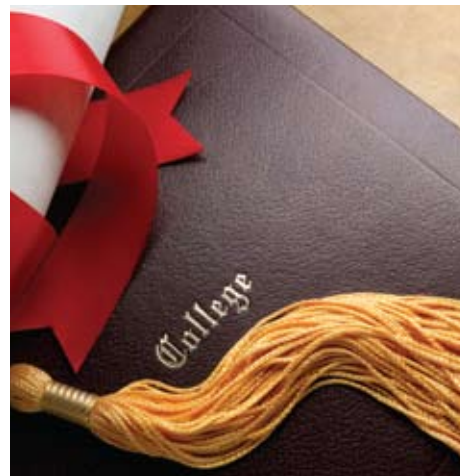
E-Mail Address _____

© 2007 Healthy America, Inc.

4GG

FRA IS PROUD TO announce the recipients for the 2007–2008 academic year scholarship program. Eligibility to participate in this competitive program is one of the many benefits of FRA membership, as it is only open to members, their spouses, children and grandchildren.

This year, FRA awarded scholarships totaling \$90,000 to twenty-one applicants based on financial need, academic standing, character and leadership qualities. Congratulations to all awardees!



GLENN F. GLEZEN SCHOLARSHIP (\$5,000)



AWARDED: Henry Krigbaum
(Tucson, Ariz.)
SCHOOL: Harvard Medical School
Member-at-Large

ROBERT W. NOLAN SCHOLARSHIP (\$5,000)



AWARDED: Tracy Sykes-Threatt
(Greensboro, N.C.)
SCHOOL: North Carolina Agricultural and
Technical State University
Member, Branch 89

JOSEPH R. BARANSKI SCHOLARSHIP (\$5,000)



AWARDED: Douglas B. Fair
(Glens Falls, N.Y.)
SCHOOL: Albany Medical College
Son of John Fair
Branch 214

FLEET RESERVE ASSOCIATION AWARD (\$5,000 each)



AWARDED: Megan A. Cavender
(Piqua, Ohio)
SCHOOL: Ohio State University
Granddaughter of Charles W. Tady
Member-at-Large



AWARDED: Daniel N. Clay
(Lebanon, Mo.)
SCHOOL: Furman University
Grandson of Kermit F. Clay
Branch 147



AWARDED: Nicole Brandt Cochran
(Alexandria, Va.)
SCHOOL: George Washington University
Spouse Kelly T. Cochran
Branch 97



AWARDED: Brittany A. Harris
(Coupeville, Wash.)
SCHOOL: University of Colorado
Spouse of Cody Mannion
Branch 97



AWARDED: Thomas R. Swisher
(Eureka, Calif.)
SCHOOL: Humboldt State University
Grandson of Phillip A. Payne
Branch 101



AWARDED: Alyssa M. Hodnefield
(Battle Lake, Minn.)
SCHOOL: Bemidji State University
Daughter of Brian Hodnefield
Branch 273



AWARDED: Jennifer L. Rickel
(Newport Center, Vt.)
SCHOOL: Coastal Carolina University
Daughter of James D. Rickel
Member-at-Large

TURNER SCHOLARSHIP FUND (\$5,000)



AWARDED: Katherine R. Kaspar
(Plymouth, Minn.)
SCHOOL: University of St. Thomas
Daughter of George Kaspar
Member-at-Large

GEICO SCHOLARSHIP (\$5,000)



AWARDED: Laurie A. Thomas
(Los Angeles, Calif.)
SCHOOL: Columbia University
Daughter of Winston Thomas
Branch 26

The 2008-2009 Scholarship Program applications are available at www.fra.org/scholarships or by calling 800-FRA-1924. Applications must be postmarked no later than 15 April 2008 and the awardees will be notified in July.

STANLEY A. DORAN SCHOLARSHIP (\$5,000)



AWARDED: Joshua G. Sizemore
(Franklin, Ohio)
SCHOOL: Rose-Hulman Institute of
Technology
Son of Glenn A. Sizemore
Member-at-Large

LILLIAN A. MOON SCHOLARSHIP (\$5,000)



AWARDED: Jalaine Weller
(Sarasota, Fla.)
SCHOOL: Trevecca Nazarene University
Granddaughter of Robert D. Medlock
Branch 51

MCPO KEN E. BLAIR SCHOLARSHIP (\$3,000)



AWARDED: Orion M. Graf
(Lawrence, Kan.)
SCHOOL: University of Kansas
Spouse of Sarah E. Graf
Branch 151

THE DONALD BRUCE PRINGLE FAMILY SCHOLARSHIP (\$5,000)



AWARDED: Jillian E. Foley
(Arnold, Md.)
SCHOOL: Northwestern University
Daughter of Mary B. Foley
Branch 24

ROBERT M. TREADWELL SCHOLARSHIP (\$3,400)



AWARDED: Stephanie Cox
(Zephyrhills, Fla.)
SCHOOL: Florida State University
Granddaughter of Donald E. Cox
Branch 141

PRINGLE SCHOLARSHIP FUND / ROBERT M. TREADWELL SCHOLARSHIP (\$2,600)



AWARDED: Diona P. Dickerson
(Mobile, Ala.)
SCHOOL: Bishop State Community College
Daughter of William H. Parker
Member-at-Large

GEICO AND FRA BRANCH 348 SCHOLARSHIP (\$2,000)



AWARDED: Mary B. Foley
(Arnold, Md.)
SCHOOL: College of Notre Dame of Maryland
Member, Branch 24

QUIELSCH SCHOLARSHIP (\$2,000)



AWARDED: Ellie M. Jaqueth
(Cincinnati, Ohio)
SCHOOL: Xavier University
Daughter of Dennis Jaqueth
Member-at-Large

COLONEL HAZEL BENN SCHOLARSHIP (\$2,000)



AWARDED: Emmanuel A. Suarez
(Chesapeake, Va.)
SCHOOL: Virginia Polytechnic Institute and
State University
Son of Isaias C. Suarez, II
Member-at-Large

The Best Book About the Navy You'll Ever Read

Sinner, Sailor

A Memoir By T.R. Rhoads

Available through all Bookstores,
Amazon.com & Authorhouse.com

ISBN: 1-4184-6155-5(SC)

Not Recommended for Children, Chaplains or Spouses

Hearing Aids ! Free Catalog !

Save Up To 70%
1-800-462-5778
Monroe Hearing
P. O. Box A-3976 Chicago, Il. 60690



ATTENTION CHIEFS

A SIGNET RING ESPECIALLY FOR YOU

Proudly wear the symbol of your achievement. This heavy **10K SOLID GOLD** signet ring with raised CPO insignia is the ideal gift for any special occasion. Finely detailed with a solid back. **FULL MONEY BACK GUARANTEE.** \$300.00 + \$4.75 P&I. Send check, M.O., VISA, or MasterCard. Include style and size ring desired. **J.P. GORDON LTD, DEPT. NA, 781 Deer Lake Drive, Virginia Beach, VA 23462 or CALL 1-800-950-7464**

<http://fra.militaryjewelry.com>

Virginia Resident add 5% sales tax

www.priorservice.com

Your Home for Navy Gear
Over 10,000 Military Items



*Golf shirts *T-shirts *Pins *Ship Caps
*Medals *Coins *Patches *Decals
*Flags *License Plates *Clocks
*Watches *Bumper Stickers

1.877.241.8611

NAME	BRANCH	NAME	BRANCH
Anderson, Duane J., RMCS	269	Drummond, Bobby H., Jr., DM2	159
Arenth, Ronald, LT USN	263	Durham, Andrew, EMC	085
Ashe, Walter F., LT SC USN	361	Elliott, Ward, BMCM	018
Auyong, Patrick W., AMSC	272	Ellis, Robert D., PNCS	MAL
Bailey, Lorne W., ADRC	MAL	Evinrude, Michael G., MAJ	200
Baker, Arthur K., USN RET	MAL	Facey, Harley J., HMC	018
Baldwin, Benjamin H., CAPT USMC	293	Fausel, Frederick K., ENC	290
Barber, Henry M., ADCS	061	Fehring, Henry H., HTC	267
Bayuk, Roger A., CPO USN	MAL	Festag, Albert P., CDR USN	364
Bennings, Burnell, MMC	024	Gentzler, Chauncey L., BMC	MAL
Berger, Richard L., Jr., MSGT	313	Gleason, Gerald A., SF1	068
Bergslien, Edward A., PN1	136	Goddard, Edward E., ADRC	MAL
Besett, Dwight A., ADCS	MAL	Groce, Alton L., MMCM	MAL
Black, Kenneth E., AD1	MAL	Grochowski, Kenneth S., BTCS	040
Blankenship, Albert, EMC	MAL	Grotte, Richard G., MMC(SS)	MAL
Blanks, Robert, MSCS	MAL	Guilford, George R., QMC	230
Blanton, Gene C., YNC	061	Guinan, Spud L., BMCS	060
Bortz, Eric V., RM1	MAL	Guiou, Dale S., Jr., SKCS	156
Bowman, Leroy W., HMC	093	Gunter, Robert E., PRC	009
Bradshaw, Larry A., MSC	334	Hailey, Roger D., OSC	182
Brancale, Robert J., USN RET	136	Haley, Paul, E-9 USN	MAL
Brannon, Joe R., ICC	263	Hamernick, Raphael H., SMC	136
Breading, Louis M., GMCM	309	Hamilton, Ralph J., LI1	097
Breshears, William H., ETC	070	Hannigan, Edmond L., BMCS	MAL
Bridges, Robert E., CTC	212	Haverty, John R., ADC	046
Brockman, Renard N., CS2	MAL	Henry, Franklin, POCM	MAL
Bromley, Norval D., ENC	MAL	Herring, Kenneth H., SHC	363
Brown, Jack F., USN RET	MAL	Hieber, Frederick, Jr., EMCM	261
Burger, Edward L., CE1	009	Hines, Jimmie H., AEC	334
Burke, James F., BMCM	335	Hitt, Charles R., MGYSGT	099
Butler, Vernon R., LT USN	097	Hoffner, Joseph A., MSC	115
Butts, Herbert W., ADRC	MAL	Hollister, L. L., GYSGT	141
Cameron, Nelson J., BMC	MAL	Holt, Michael, AECS	126
Canfield, Oscar C., CTTC	108	Hood, Bob, STCM(SW)	MAL
Capen, Morris N., USN RET	069	Howard, William D., CDR USN	156
Carmel, Jon G., AN USN	162	Hudson, Gary A., CTRC	367
Carpenter, James R., TMC(SS)	MAL	Hughes, Boyd O., EMCMF	282
Carroll, Joseph M., 1STSGT	091	Hutchens, Curtis L., QMC	057
Christopher, Kathleen, SK1	229	PRPEC Huybroeck, Edward, Jr., YNC	181
Clayton, Jeff, USN VET	008	Ives, Otis J., Jr., HT2	303
Clement, Billy M., HMC	182	James, Perry F., ABEC	009
Comins, Robert M., GMGC	188	Jenkins, Menso H., SH1	183
Cone, Clyde Allen, ETCM	070	Jester, Cecil B., HMC	219
Cooper, Daniel W., ENCS(SS)	020	Jewell, James, SDC	226
Coverdale, Ralph L., SDC	001	Johnston, Frederick C., CPO USN	MAL
Cox, Donald J., LT USN	MAL	Jordan, Leslie W., GMGC	MAL
Cox, Ernest, AFCM	MAL	Jozwiak, Miscilaw, BTC	001
Cramer, George J., CPO USN	038	Juhola, Harold R., HTC	053
Craver, Jack R., BMC	089	Keatts, William W., CPO USN	MAL
Creevy, Donald A., TMCS	068	Keller, Wallace L., ETCS	117
Culbertson, Ronald E., AK1	070	Kelley, William A., PNC	049
Cunningham, Aron B., BTCM	MAL	Kennedy, Walter T., MSGT	249
Darby, Dewey R., FTGC	263	Kij, Zygmund J., SFC	MAL
David, Robert S., Sr., AQC	070	Kirby, John P., AMH1	MAL
Davis, James E., MSCS	029	Kissel, John R., ADR2	136
Davis, Landon C., HMC	MAL	Knowles, Walter A., ETC(SS)	MAL
Dawson, Bertrand F., PO1 USN	050	Kolvek, Clarence R., ENCM	061
De Cordova, Norman, BMC	382	Konicek, Caryle E., BMC	050
Demnisky, Andrew G., YNCM	052		
Dennis, John W., SMC	060		
Donahue, Edmund J., BM1	061		
Douty, Frank A., CS1	061		



NAME	BRANCH
Kriewaldt, Elmer E., MRCM	010
Kurtz, Robert C., GMCM	159
Lafevers, Clyde A., CE1	280
Laughead, Ralph B., USN RET	061
Lawrence, Mack T., HMCSR	282
Lee, Edward P., MMC	147
Lee, Gilbert F., QMC	MAL
Leftwich, Marvin D., AMH1	289
Leonard, E.P., MMM	162
Leonard, George R., MMCS	MAL
Lindsey, Clifton J., Jr., LCDR USN	MAL
Lonjers, Ralph A., BT1	106
Love, Thomas J., CWO3 USN	MAL
Loyd, Jack W., SK1	316
Lyon, Owen R., HMCS	029
Lyons, Joanne, HMC	MAL
March, Orville, Jr., PNCS	MAL
Marks, Roger, CPO USN	MAL
Marshall, William, ADRC	MAL
Martinez, Eloy W., CPO USN	MAL
McCloud, George G., CS1	053
McCoombs, Wayne, AMC	043
McCullough, George W., GMC	029
McDonald, Bobby J., GMGC	MAL
McHenry, James A., CPO USN	MAL
Mehus, Norman I., CEC	MAL
Merrick, William, ADR1	MAL
Merrifield, Carl E., MMCM	MAL
Mersereau, Robert C., GMCM	MAL
Miller, Henry E., LT USN	MAL
Mills, Duane A., CPO USN	041
Morales, Agustin R., Jr., DKC	010
Morgan, Russell S., EN1	085
Morgan, William A., Jr., AVCM	101
Morrissey, Thomas F., EMCS	068
Mudd, Jimmie J., EOC	MAL
Murphy, James T., ADJ1	124
Napier, Gilbert, EMC(SS)	327
Nash, Patrick C., OSCM	MAL
Neff, Robert, MSGT	MAL
Neill, Archie W., Jr., CPO USN	163
Neumann, Julius W., BMC	014
Newman, Eugene L., AVCM	MAL
O'Connor, Charles R., BMC	124
O'Connor, Harry N., CAPT USN	MAL



Corpsman United, USN

5–7 November 2007, Gatlinburg, TN.
Contact Rose Lankford, 1008 Richwood Mountain Road, Drasco, AR 72530, 352-382-7513, matdianedike@emarqmail.com.

NAS Patuxent River Navy Air Traffic Controllers

28–29 September 2007, Solomons Island, MD. Contact Kyle Rogers, 26407 Jones Wharf Rd, Hollywood, MD 20636, 301-995-6312 or rogerskc@md.metrocast.net.

Navy Classifiers

17–21 September 2007, Las Vegas.
Contact PNCM Morey Tate, 63 Fendall

Ave., Alexandria, VA 22304, 703-370-7270 or mchief@comcast.net.

Patrol Squadron Eight (VP8) Alumni Association

12–17 May 2008, Portland, ME.
Contact Don Rickel, 207-725-8494 or retp3fe@suscom-maine.net.

USS Albert T. Harris (DE-447)

7–11 October 2007, Branson, MO.
Contact Charles Cook, 4820 S. Florence Pl., Tulsa, OK 74105, 918-749-8434 or cjcook13@aol.com.

USS Coontz (DDG-9/DLG-40)

19–21 October 2007, San Diego, CA.
Contact Terry Cordingley, 6815 NW 44th St., Bethany, OK 73008, 405-787-0409 or terrycordingley@hotmail.com.

USS Daniel Webster (SSBN626)

5–8 October 2007, Las Vegas, NV.
Contact Larry Hudson, 164 AN County Rd 160 Palestine, TX 75801, 702-743-8516 or larry.hudson@shawgrp.com.

USS Inchon Association (LPH12/MCS12)

10–14 October 2007, Virginia Beach, VA. Contact Dave Fix, USS Inchon Association, 1033 New Holland Ave.,

Lancaster, PA 17601-5605, 717-203-4152 or fixie5659@comcast.net.

USS Sculpin (SSN 590)

17–20 July 2008, Reno, NV. Contact Chris Gahan, 1709 S. Merino Cir., Mesa, AZ 85206, 480-813-6753, pete8525@cox.net.

USS Vammen (DE-644)

8–11 October 2007, Laughlin, NV.
Contact Charles W. Postel, 4217 Montego Dr., Corpus Christi, TX 78411, 361-850-0531, cpostel@stx.rr.com.

USS Vigor (MSO-473)

23–25 October 2007, Tunica, MS.
Contact Edgar Williams, 20543 Johnson Rd., Long Beach, MS 39560, 228-863-1087.

VU/VC/VJ-3 North Island

4–6 October 2007, San Antonio, TX. Contact Marvin Reed, 10918 W. Campana Drive, Sun City, AZ 85351, 623-583-7331 or mcdeer@juno.com.

Members can post reunions online at www.fra.org, submit to reunions@fra.org or mail to: FRA Reunions, 125 N. West St., Alexandria, VA 22314.

TAPS continued from page 32

NAME	BRANCH	NAME	BRANCH	NAME	BRANCH
Oelke, Walter H., GYSGT	014	Rose, Jimmy, YNC	MAL	MGYSGT	313
Parrish, Lexie W., BM1	099	Rosenthal, Joseph E., LCDR USN	261	Stone, Jimmy L., GMGC	026
Pearson, Earl N., ADR1	MAL	Rossi, Aldo F., Jr., YNC	132	Sweet, Harry G., CWO3 USN	MAL
Pehl, Thomas, LCDR USN	MAL	Rowland, William D., PO2 USN	MAL		
Peratt, Earl T., ENC	101	Sacks, Samuel, CSC	020	Tague, Bobbie L., AOC	070
Perrotto, Charles A., CWO3 USN	290	Samala, Alejandro V., SK2	175	Taylor, Harold, YNC	267
Petitt, Donald L., YNCM	008	Sanderson, Franklin D., MSC	061	Tyndall, James C., RMC	141
Poirier, Devoe W., AMCS	038	Sapp, Daniel W., GMGC	053		
Pollio, Salvatore F., MMC	020	Scales, James S., QMC	048	Vieira, John J., RET	MAL
Porter, Ernest E., ADRC	MAL	Scarff, John E., III, EN1	MAL	Wall, Darrell L., MM1	MAL
Porter, Wilbur L., CPO USN	MAL	Scheetz, John R., HMC	159	Walter, James L., PFC	300
Preston, Corlis E., USN RET	101	Scott, James R., BMCS	MAL	Ward, Willis A., SKC	MAL
Preston, Edward W., FTMC	108	Scott, Kenneth R., USN ACT	162	Weiner, Raymond C., BTC	187
Price, Arthur A., BMCS	344	Seaton, Tommie H., AMHC	282	Westfall, Doyle R., GMMC	MAL
Primer, Joseph, CPO USN	161	Seeber, Richard A., TMCS(SS)	040	White, John, GMM1	MAL
Pryor, Henry C., EM1	MAL	Sereno, August J., LT USN	MAL	Wilson, Robert E., ENCS	338
		Sharpe, Albert R., ADR2	060	Wingert, Donald E., GYSGT	MAL
Quenneville, Romeo A., SSGT	246	Shook, Ronald, PO1 USN	MAL	Wins, John, ADR2	099
		Short, Maxie R., AMCS	089	Winter, Harold I., LCDR USN	099
Ricci, Victor A., ADJC	249	Sienski, Stanley P., MGYSGT	313	Wood, George R., CPO USN	MAL
Ricketts, Raymond E., MSGT	MAL	Snow, Oliver R., BMC	MAL	Wood, Joseph D., CSC	047
Rider, Robert L., WO1 USN	022	Snyder, Eugene, YN2	115	Wright, James H., ENCS	008
Riggs, Olin D., AT1	MAL	Sprouse, James W., PH1	234	Wynne, E. H., FTC	115
Rismiller, Robert C., ENCS	MAL	Stadt, Marvin E., POC USN	342		
Roberts, James M., GYSGT	261	Steele, Edward W., IC1(SS)	MAL		
Robertson, Joseph G., BMCM	022	Stewart, Roy E., DKC	311		
Robinson, Clifford J., HM2	163	Stodghill, Clarence B.,			

Names in blue indicate 50 year continuous members.
Names in bold indicate a Past National Officer.

Introducing the world's simplest, cell phone experience – with service as low as \$10 a month*

“Finally... someone’s invented a cell phone that is easy to hear, easy to see, and simple to use.”



*The Jitterbug™ developed with Samsung®.
It's the cell phone that's changing all the rules.*

For people like me, who want a cell phone that's easy to use. Over the years, cell phones have become smaller and smaller with so many complicated features. They are hard to program and harder to use. But the Jitterbug cell phone has simplified everything, so it's not only easy to use, it's easy to try. No crowded malls, no waiting in line, no confusing sales people, or complicated plans. Affordable and convenient cell phone service is only a toll-free phone call away.

The new Jitterbug™ cell phone makes calling simple!

- Available in OneTouch or Full Dial model
- Comes pre-programmed and ready to use right out of the box
- Large, bright, easy to see display and buttons
- Push “Yes” to call directly from your personal phone list
- An operator is always available to help you, and will call you by name
- Soft ear cushion and louder volume for better sound quality
- Separate Volume Up/Down button and Speaker phone button on cover of phone
- Hearing aid compatible
- Familiar dial tone confirms service (no other cell phone has this)
- Service as low as \$10 a month*
- Access help wherever you go

Why pay for minutes you'll never use!		
	Simple 30 Plan†	Simple 60 Plan†
Monthly Price	\$15.00	\$20.00
Included Minutes/Month	30	60
Operator Assistance	24/7	24/7
911 Access	FREE	FREE
Long Distance Calls	No add'l charge	No add'l charge
Nationwide Coverage**	Yes	Yes
Trial Period	30 days	30 days

Service as low as \$10 a month and a friendly 30-day return policy.** If you've ever wanted the security and convenience of a cell phone, but never wanted the fancy features and minutes you don't need... Jitterbug is for you. Like me, you'll soon be telling your friends about Jitterbug. Call now.



Available in a simple 12-button Dial phone and an even simpler 3-button OneTouch phone for easy access to the operator, the number of your choice, and 911.



brought to you by



1998 Ruffin Mill Road
Colonial Heights, VA 23834



See hundreds of other innovative products for Boomers and

Beyond™ at www.firstSTREETonline.com
Call 1-800-704-1211 for a Free Catalog.

Jitterbug™ Cell Phone Item# BU-4722

Call now for our lowest price.

Please mention promotional code 33976.

1-866-540-0297

www.jitterbugdirect.com

IMPORTANT CONSUMER INFORMATION: Subject to Customer Agreement, select calling plans, and credit approval. Other charges and restrictions may apply. Screen images simulated. Coverage and service not available everywhere. Copyright © GreatCall, Inc. Jitterbug and GreatCall are trademarks of GreatCall, Inc. Samsung is a registered trademark of Samsung Electronics America, Inc and its related entities. *Not including government taxes, assessment surcharges, and set-up fee. **Applies to phone and monthly service charges only; provided call time usage is less than 30 minutes and phone is in like-new condition. Usage charges may apply. †All plans require the purchase of a Jitterbug phone and a one-time set-up fee (\$35). ††Jitterbug will work almost everywhere in the U.S. where cellular service is available from most of the major carriers.

Aging is Natural. Giving Up on Your Sexual Health Isn't!

*Bring Back the Best Years of Your Life!
Here's how one man did it! ...*

Although this would otherwise be an embarrassing subject – I feel strongly about sharing a recent experience with others my age.

Simply put ... **I'm 57 years old and even though I'm in overall good health, my body just doesn't respond sexually like it used to.** Recently, I found myself struggling to "perform". I began losing my confidence and my sex drive with it. I was feeling a great deal of pressure and embarrassment and my wife was beginning to think it was something she did or didn't do – it wasn't.

I wasn't comfortable discussing my situation with anyone – not even my doctor – so in a desperate attempt to find some help, I privately did some research on the web. First, I found that many **HEALTHY** men experience a decrease in virility with age. **I wasn't alone!** In fact, there are a number of factors that can weaken your erection quality and firmness.

Armed with this new information, I began to search through the many "male enhancement" products on the net. I found a pill for everything and anything but among these various pills and patches – **one product stood out – MAXODERM! MAXODERM is completely different – not a pill or a patch, this surprisingly effective topical formula is delivered directly to the "source", where I need it most.** Best of all, MAXODERM's **PATENTED** formula is recommended by Leading Physician, Michael A. Savino, M.D., F.A.C.S., but you **don't** need a prescription to get it. I don't need to swallow a pill, prescription drug or not, or wear some kind of patch on my shoulder.



**“ My Driver's license says I'm 57,
but my wife says I'm 18 again! ”**

After trying MAXODERM just once, I could actually feel it start to work immediately! And it felt incredible! What a difference! I couldn't believe it - virility like I haven't felt in years! My driver's license says I'm 57 but thanks to MAXODERM, my wife says I'm 18 again! It felt great! I now know it's normal to experience some problems with virility at our age but MAXODERM let me deal with it without a prescription. No pills – no patches – and even better – no embarrassing appointment with the doctor.

Use MAXODERM. You'll FEEL it working with your very first application – then you can get back to living your life again.

Jim S.
Miami, FL



**RECOMMENDED
BY A LEADING
PHYSICIAN!**

**Patented Formula!
Call Today! 1-800-661-0230**

FREE \$60 VALUE
*see details

***PS., Let your readers know I'm pretty sure they can still get a FREE MONTH SUPPLY of MAXODERM with their order by calling 1-800-661-0230 or by visiting www.getmaxoderm.com, and FOR A LIMITED TIME, you can still get \$200 worth of FREE GIFTS with your order that are yours to keep. Oh and even better, their product is backed by a 90 DAY MONEY BACK GUARANTEE. So call now while supplies last - you (and your wife) will be glad you did!**

Instant Male Enhancement! ▶▶▶

USE MAXODERM™
FREE
MONTH SUPPLY*

Plus For a Limited Time, receive
an additional \$200 in Free Gifts!
*See below for details.

Message from Regional President West Coast

IT IS HARD TO believe that it is almost 10 months into my year as President of West Coast Region. Much to my surprise, it has been a rewarding and uplifting 10 months. The members I met have all been so supportive and are so dedicated to doing all the good work the Ladies Auxiliary of the Fleet Reserve Association is known for doing. I am certainly proud to be a member of this organization and thank the members for allowing me to represent them as their President of West Coast Region! At the writing of this article I have visited all but three of the Units and by the month of August will have been to those three also.

How rewarding to see the small units working so hard to keep their membership going, and doing so much; helping their members, and also working for battered women, needy children, the USO and other great organizations.

The West Coast Region has 11 Units out of a total of 16 Units that have less than 50 members and are still functioning very well. What would we be able to accomplish if we could raise those numbers considerably? I am sure that all the Units are concentrating on keeping the members they have, and are searching to find new ones to add to our membership numbers. Keep up the good work and continue to enjoy the wonderful comradeship of belonging to this great organization!

Fran Hoadley is the editor of *LA FRA News* and the *FRA Today* Liaison.



JEANANN "JAN" CARLSON
Regional President West Coast

Arizona Memorial Dinner, Dec. 2007
Right to left Gary Blackburn, Branch 8, Vallejo, Regional Secretary WC, June Heiken, Past Reg. Chaplain Unit 10 and Harold Heiken, Past Reg. Chaplain, Branch 10. June was suffering from cancer for several years and passed away on June 15, 2007. This smile lit up our Region and her Unit in spite of all the illness and pain. She always had a good word for everything. This is dedicated to her memory.



Unit 261, Lemoore, Calif.
First row, seated is Gertrude Stewart, President. 2nd Row, left to right Louise Hubbard, Joan Ellis, PRP, Marge Fullerton, Lucille Remington, Anita Prellwitz, & Wilma Archer. In 3rd row, Mary Smith, Carol Brown, D. Connie Ford, PRP, and Shirley DeRondenPos.

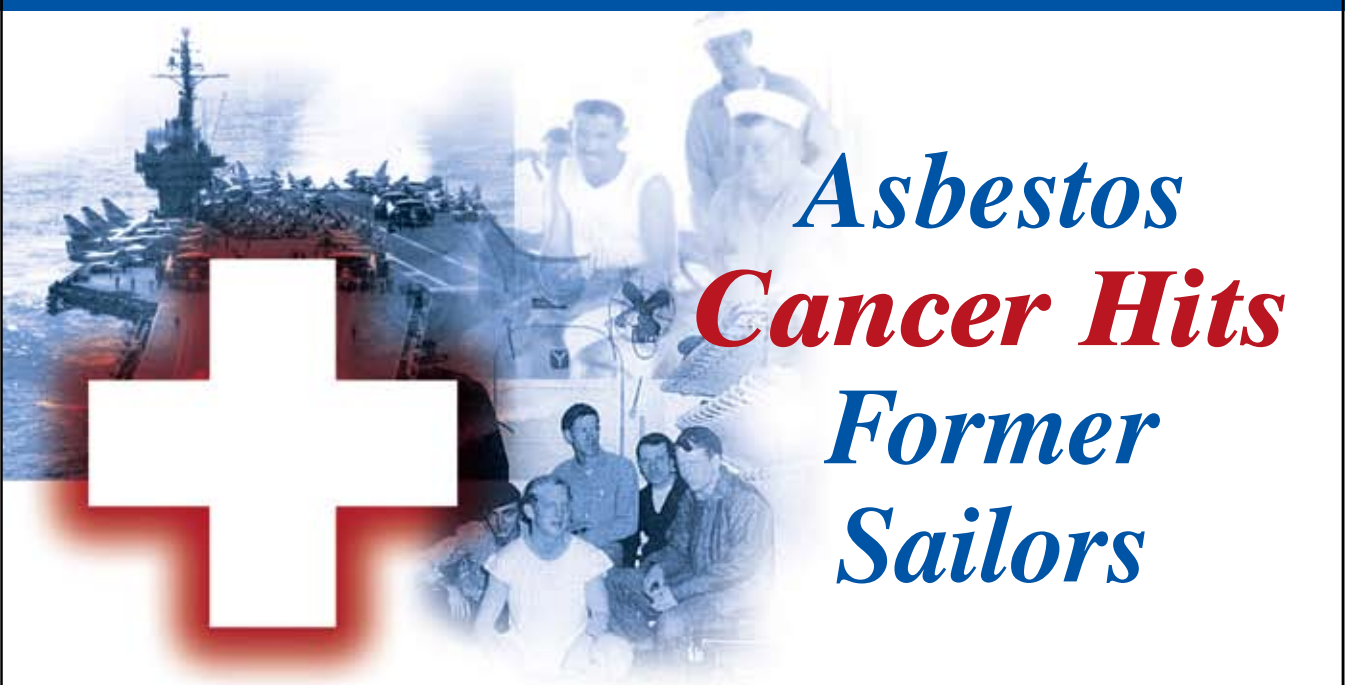


Unit 230 Sunrise, Roseville, Calif.
1st Row from left to right. Sally Powers, Angie McIntyre, Unit 140, Doris Newland, PRP, Dorothy Knaggs, Lydia Donaldson (current President), Beverly Chapman and Laverne Guilford. Back row, is Dorothy Maurath, PNP, Unit 296, Darlene Bowers, Ann Almquist, and Betty Lightfield.



Veteran's Day Parade and Services, Auburn, Calif.

This is a combined effort, with Branch 296 & Branch 230 and ladies from Unit 296. We participated in the Veteran's Day Parade and Services in Auburn, California. The front row is Bill Donaldson, Br 230, Les Kohler, BR 296, Tony Tonelli, Br 230, PRPSW, M. "Red" Maurath, Br 296, Elmer Frank, Br 296 Pres., and Jan Carlson, Unit 296, RPWC. Back Row, Jerrie Wisdom, Hayden Wisdom, Unit & Br. 296 and Bill Lightfield, Br 230. On the truck in back is Charles Hamil, Br 296. We were particularly delighted at the number of people who came out in the rain and saluted and clapped for these veterans!

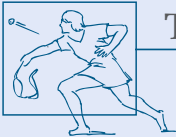


Asbestos Cancer Hits Former Sailors

Many sailors who served their country proudly aboard ships in the World War II, Korean, and Vietnam War eras, are now being **diagnosed with asbestos-related cancers.**

FOR COMPENSATION INFORMATION:

FREE PACKET for mesothelioma or lung cancer, diagnosis/death, **please contact:**



The David Law Firm
"Defeating Today's Goliaths"

Toll Free 1-800-998-9729

**Email: info@thedavidlawfirm.com
www.asbestos-attorney.com/n5297**

The David Law Firm, P.C.
Jonathan David*
10655 Six Pines Drive, #260
The Woodlands, TX 77380
(Greater Houston Area)

Handling cases nationwide with local co-counsel in state of filing.

* Licensed by the Supreme Court of Texas.
Not Certified by the Texas Board of Legal Specialization.

FOR MEDICAL INFORMATION:

FREE PACKET for mesothelioma patients, **please contact:**



Mesothelioma Web
*Hope * Support * Help*

Toll Free 1-877-367-6376

**Email: info@mesotheliomaweb.org
www.mesotheliomaweb.org/n5297**

The most comprehensive resource for Mesothelioma patients and their families.

MESOTHELIOMA LUNG CANCER

Mesothelioma is a form of lung cancer that is only caused by exposure to asbestos. It can take twenty years or longer for the Mesothelioma to develop after the asbestos exposure. The dangers of asbestos were known to the manufacturers and concealed by them for years. As a result people were exposed to asbestos and developed Mesothelioma. We help achieve justice for the victims of Mesothelioma and their family members.

LEGAL, MEDICAL AND FINANCIAL ASSISTANCE

If you or a loved one has been diagnosed with MESOTHELIOMA LUNG CANCER, please call us immediately for information about your legal rights, medical and financial assistance. Victims of Mesothelioma and their families are put under enormous emotional and financial stress. We are experienced in counseling and assisting our clients and their families with the difficult issues they face once a diagnosis of Mesothelioma has been confirmed. We want to help you and your family find the answers to your questions and achieve the financial security needed to deal with the hardships that result from Mesothelioma. Call today to discuss your claim with a lawyer.

MONETARY COMPENSATION

Monetary compensation may be available to persons who have been diagnosed with MESOTHELIOMA LUNG CANCER. Jury trials for MESOTHELIOMA have resulted in verdicts compensating victims of MESOTHELIOMA for over a million dollars*. Our clients only pay legal fees, court costs and other expenses out of any judgment or settlement in the case.

YOUR RIGHTS ARE SUBJECT TO STRICT TIME LIMITATIONS

Your legal claims must be filed within the time period allowed by law or you and your family members will lose all of your rights to recover against the corporations that are responsible for your injuries. **DO NOT DELAY!**



THE JOHNSON LAW FIRM

...providing access to justice for the injured, nationwide

CALL NOW! TOLL FREE

1-866-374-0338

Principal offices: Johnson Law Firm - Fort Worth, TX. *Past successes cannot be an assurance of future successes since each case must be decided on its own merits. Steven Johnson is the lawyer responsible for this advertisement.

POSTMASTER: SEND ADDRESS CHANGES TO:

MEMBER SERVICES
FRA
125 N. WEST STREET
ALEXANDRIA, VA 22314-2754

PERIODICAL